

# An Investigation into

## Aims

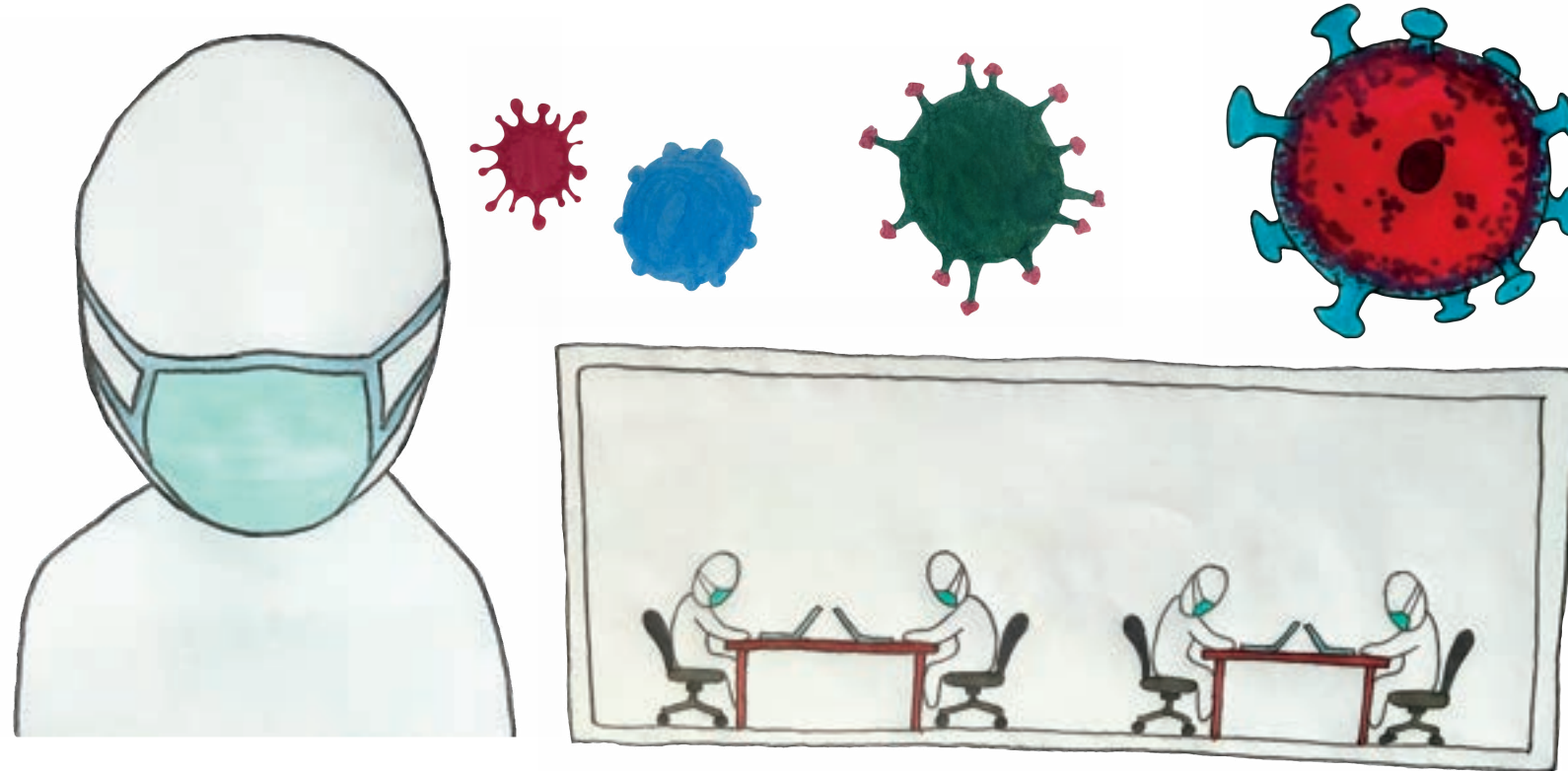
Examine the effects that indoor planting, in the form of a Green Wall, has on the air quality of its surrounding environment. Establish whether or not the effect or effects if any occur, are considered substantial by being either impactful or negligible.

## Objectives

- Research the effects of plants on indoor environments.
- Investigate the benefits of Green Walls.
- Compare the performance of different plant species.
- Examine the affect a Green Wall has on an indoor test environment.

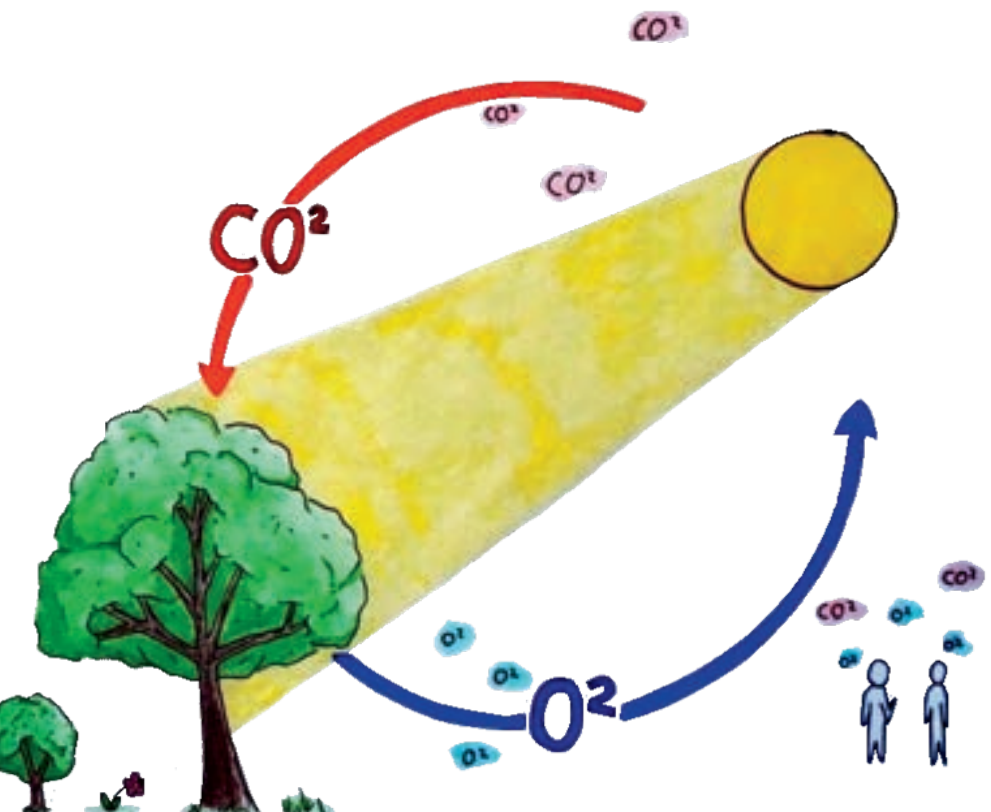


## Motivation



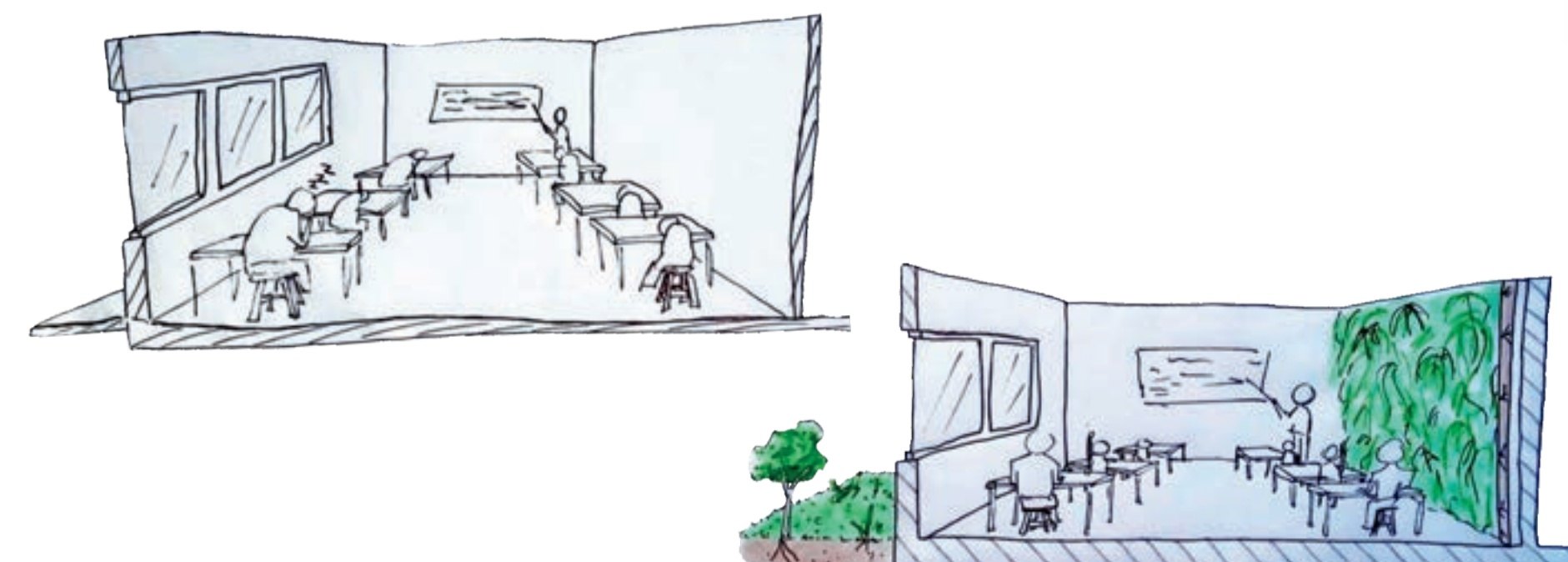
## Methodology

- Construct a Green Wall prototype
- Monitor a test location for Carbon Dioxide, Temperature and Relative Humidity across 3 stages.
- Stage 1 - Without a Green Wall
- Stage 2 - With a Green Wall
- Stage 3 - Post Green Wall
- Compare and contrast results



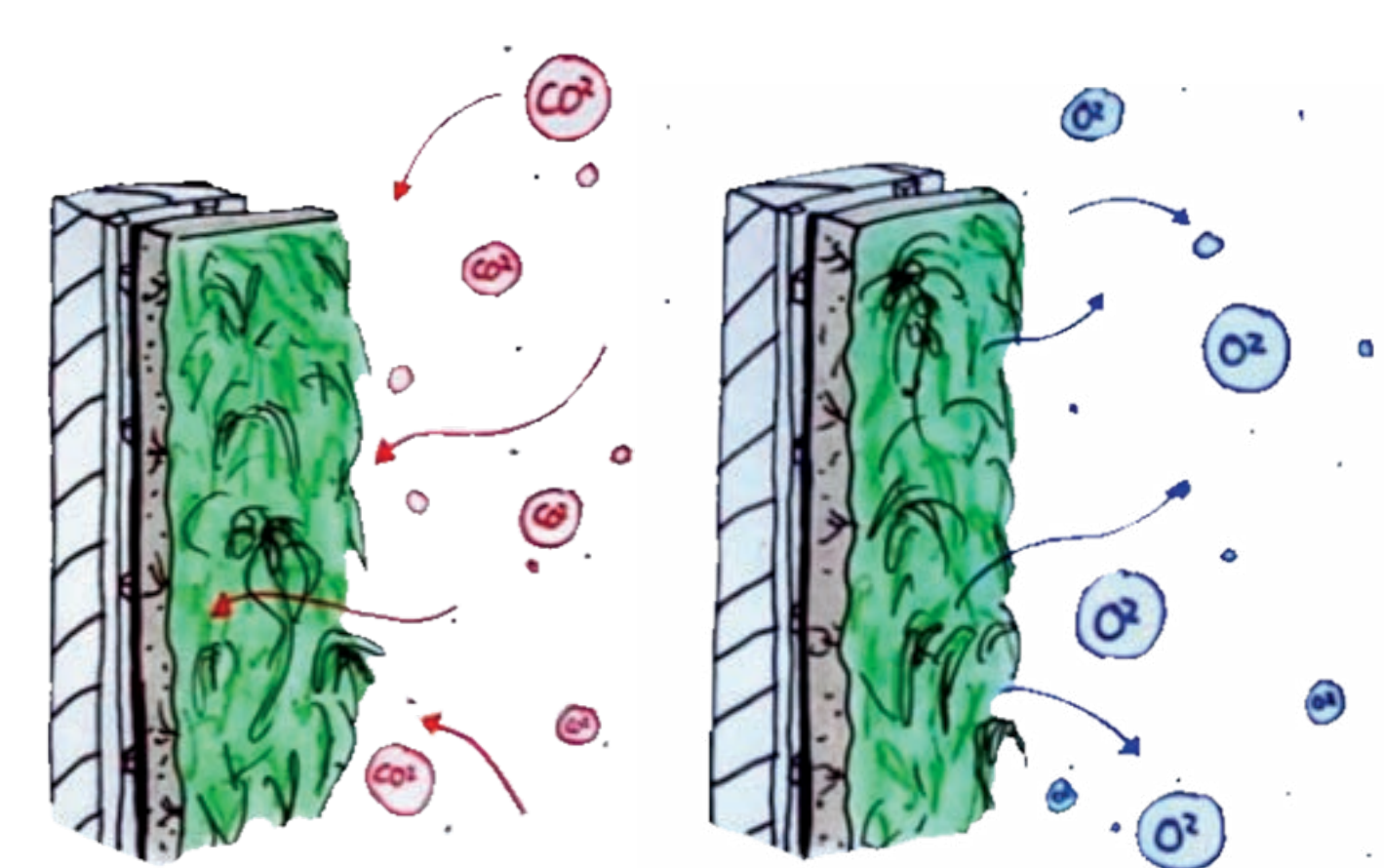
## Phytoremediation

Plants remove toxic pollutants from air, soil and water by storing them in their systems where they are broken down into less harmful elements.

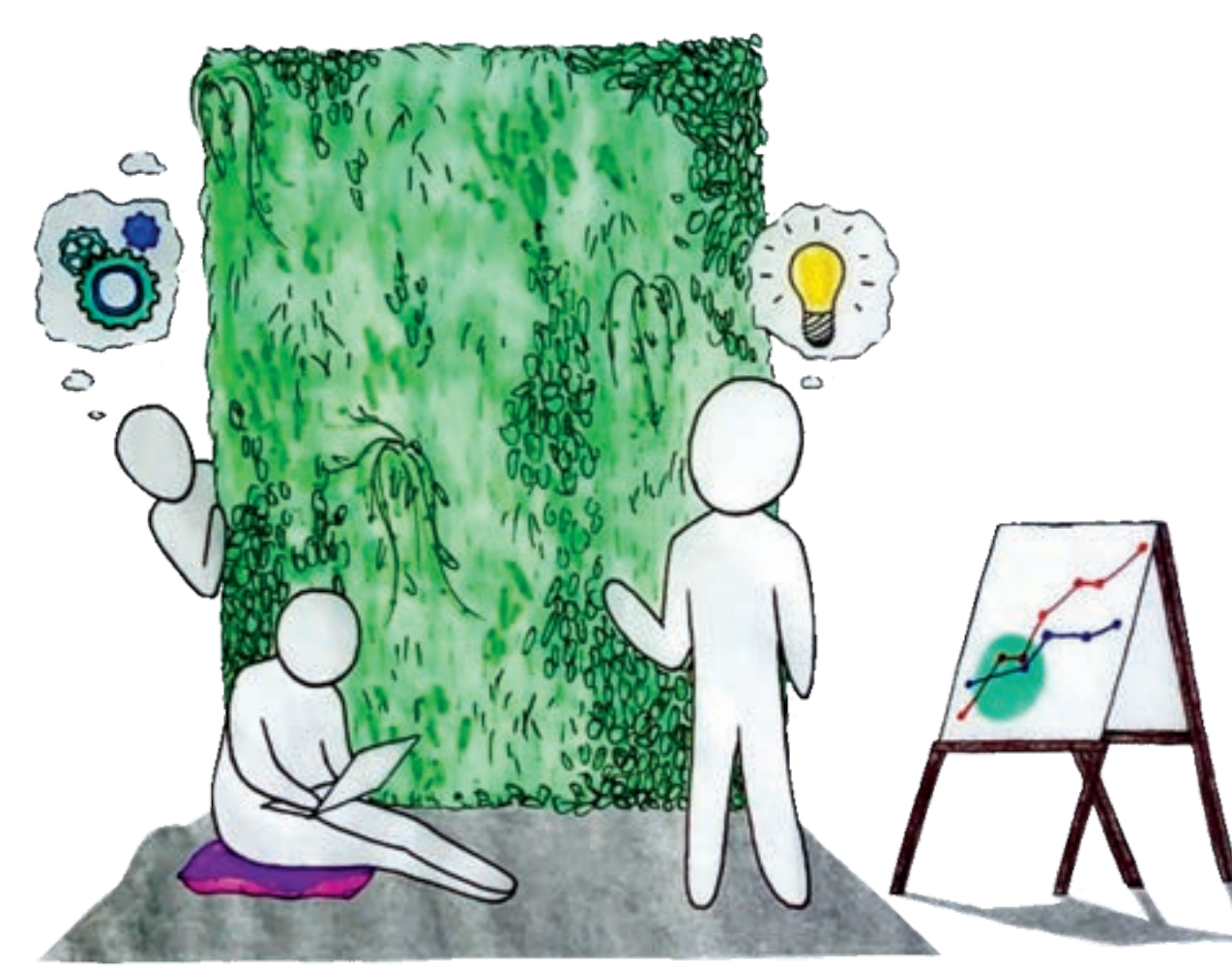


## Greenery & Education

Greenery has been connected to improved temperament, concentration and rigour in educational environments such as the classroom and university campus'.



## Carbon Sequestration / Oxygen Output

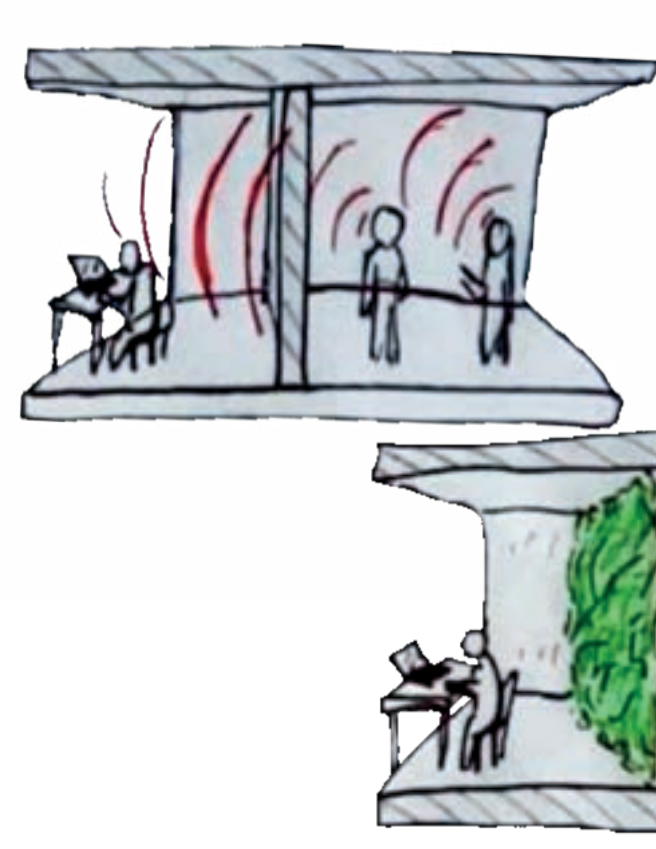


## Psychological Impact

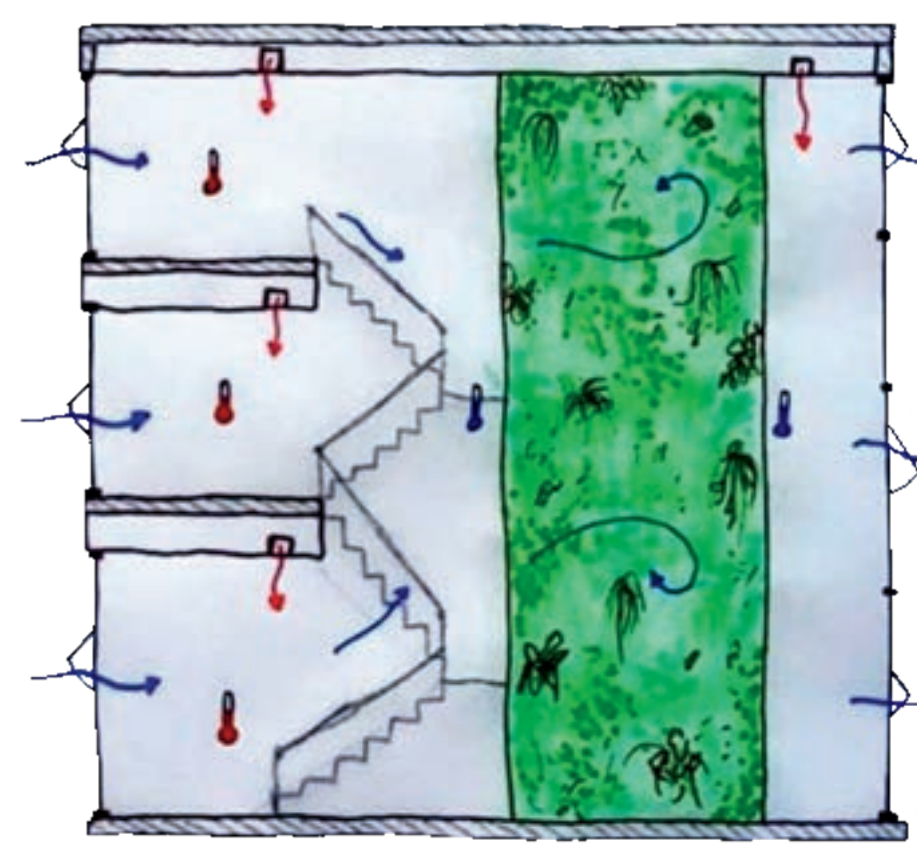
- Improved Productivity
- Enhanced Creativity
- Enjoyable Atmosphere
- Increase Concentration
- Decrease Stress
- Improve Mental Health

## Physiological Impact

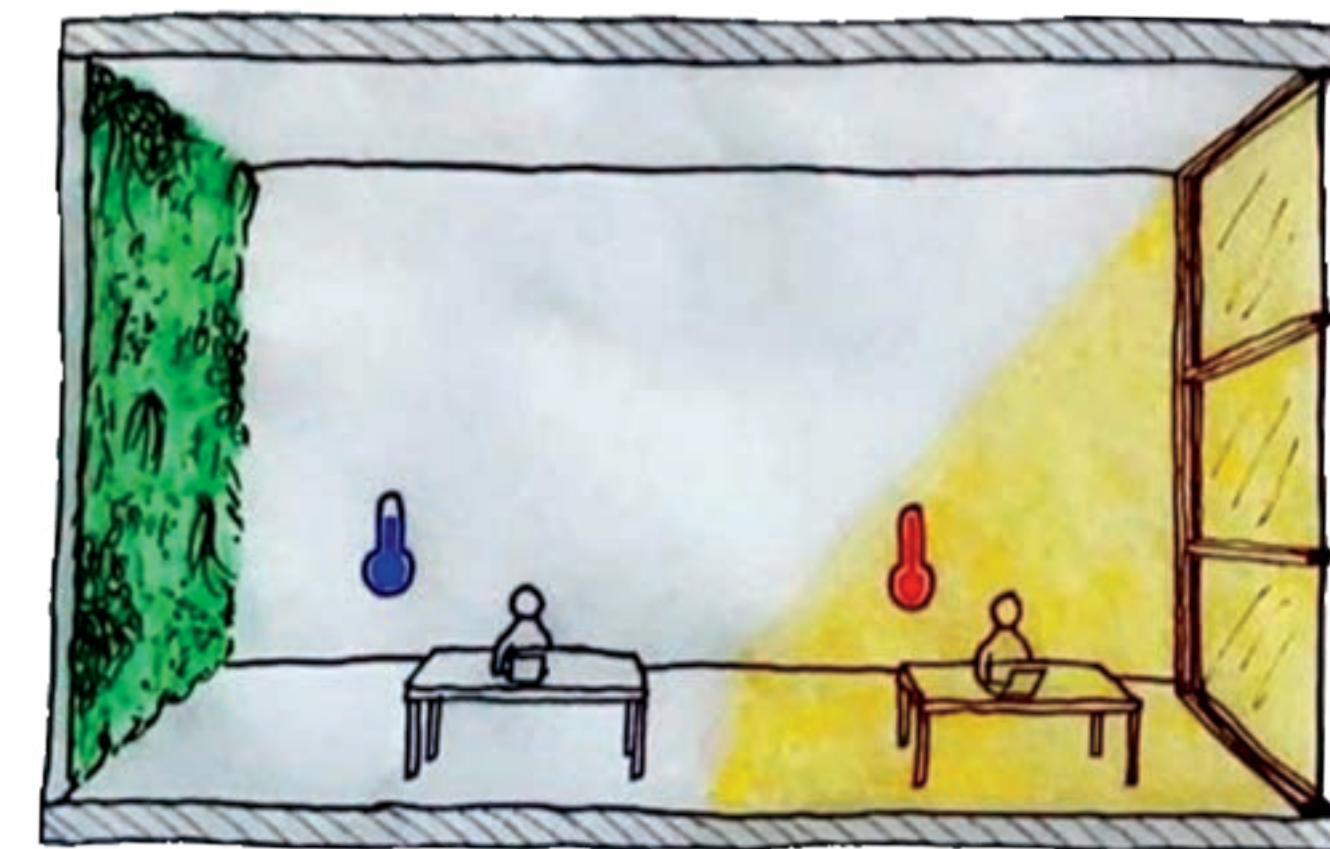
- Alleviate Headaches
- Reduce Migraines
- Mitigate VOC's



## Sound Absorption



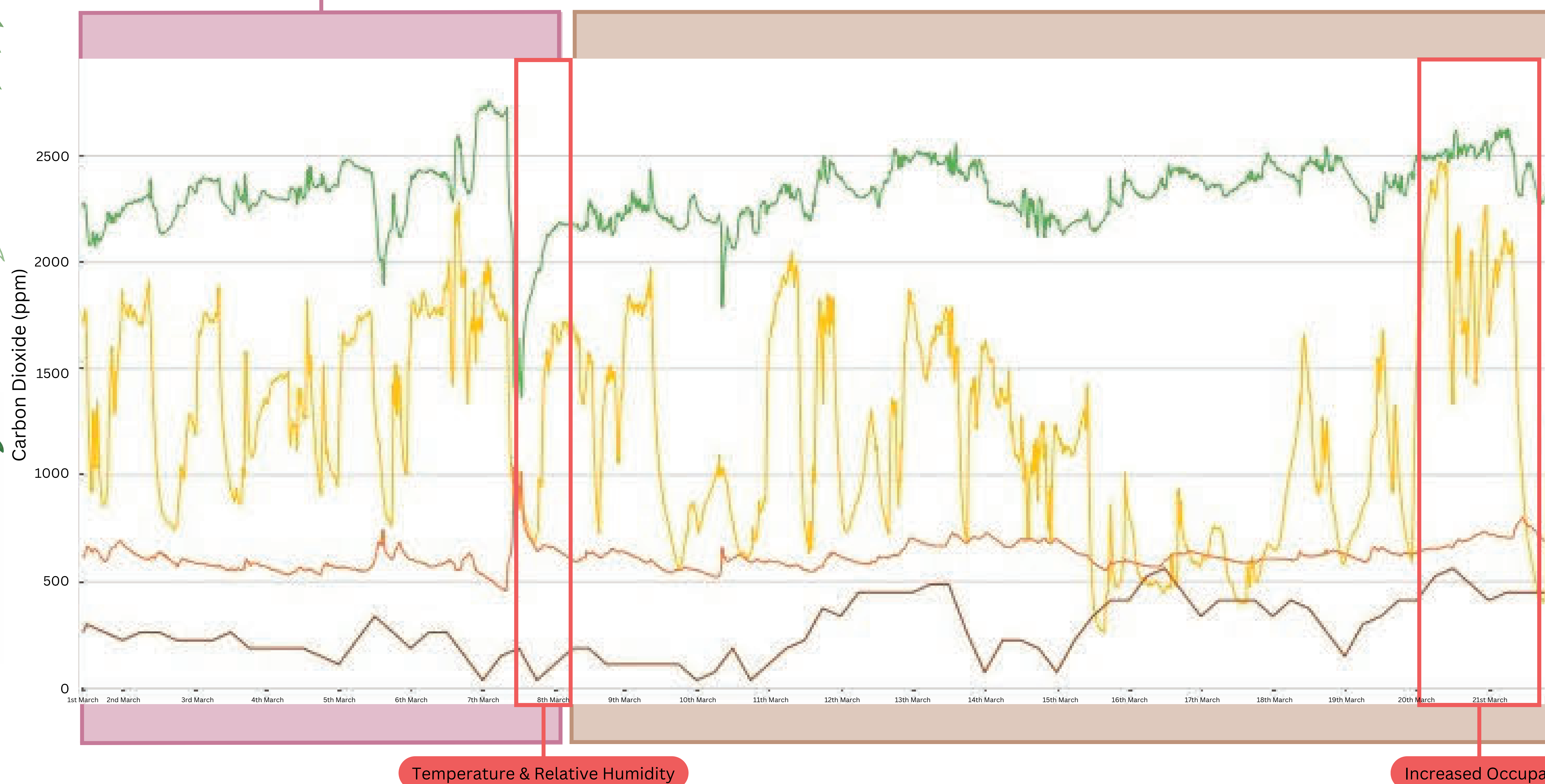
## Humidity Control



## Temperature Stabilisation



## Phase 1



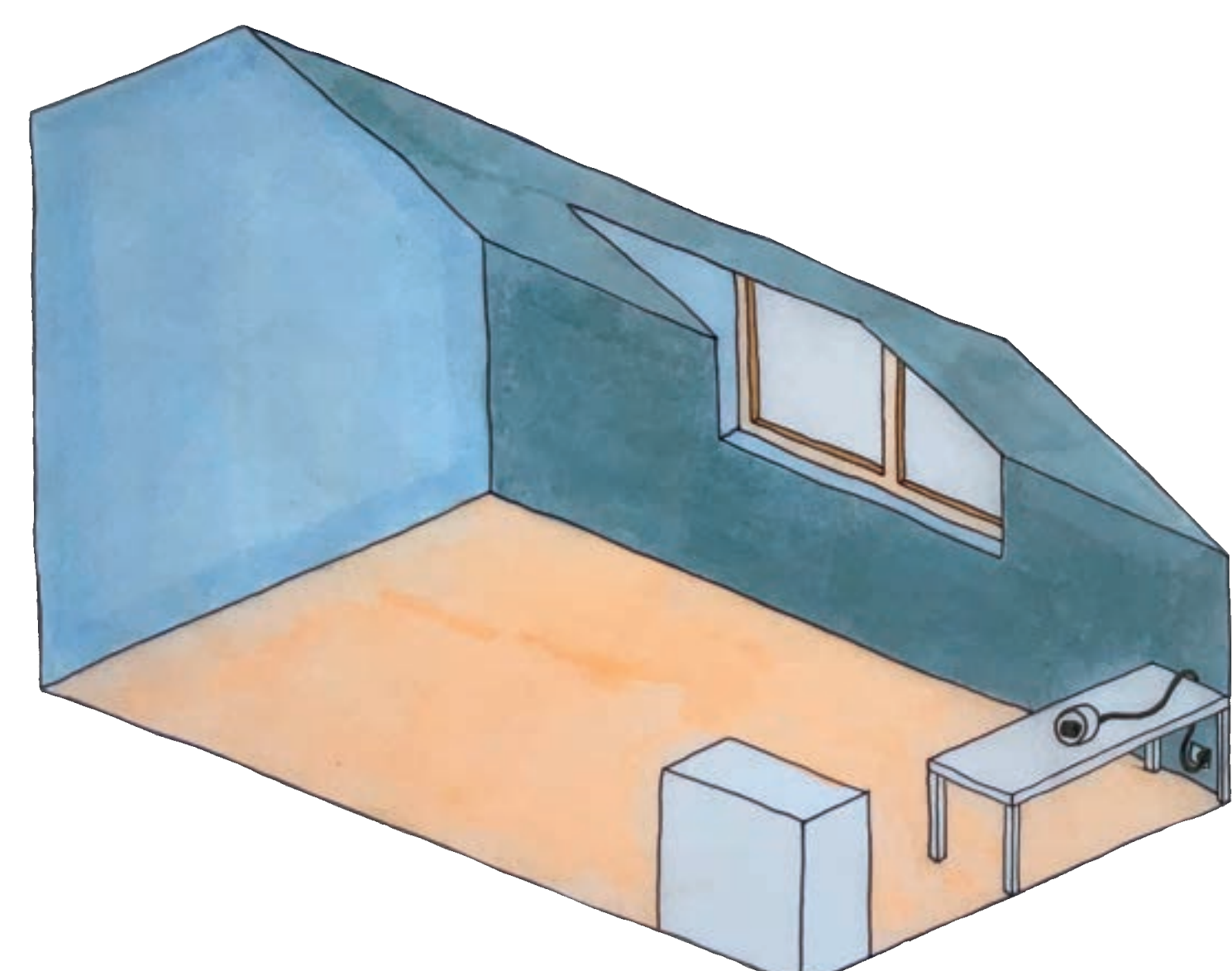
## Testing Phases

Monitoring the following elements to determine the quality of indoor air; Carbon Dioxide (CO2), Temperature (°C) and Relative Humidity (%).

### Phase 1

#### Pre Room Monitoring

Monitoring the indoor air quality of the test location prior to the installation of the Green Wall prototype. The purpose of this phase is to gain an understanding of the existing air quality in order to create a comparator when the Green Wall prototype is introduced to the location.



#### Time Period;

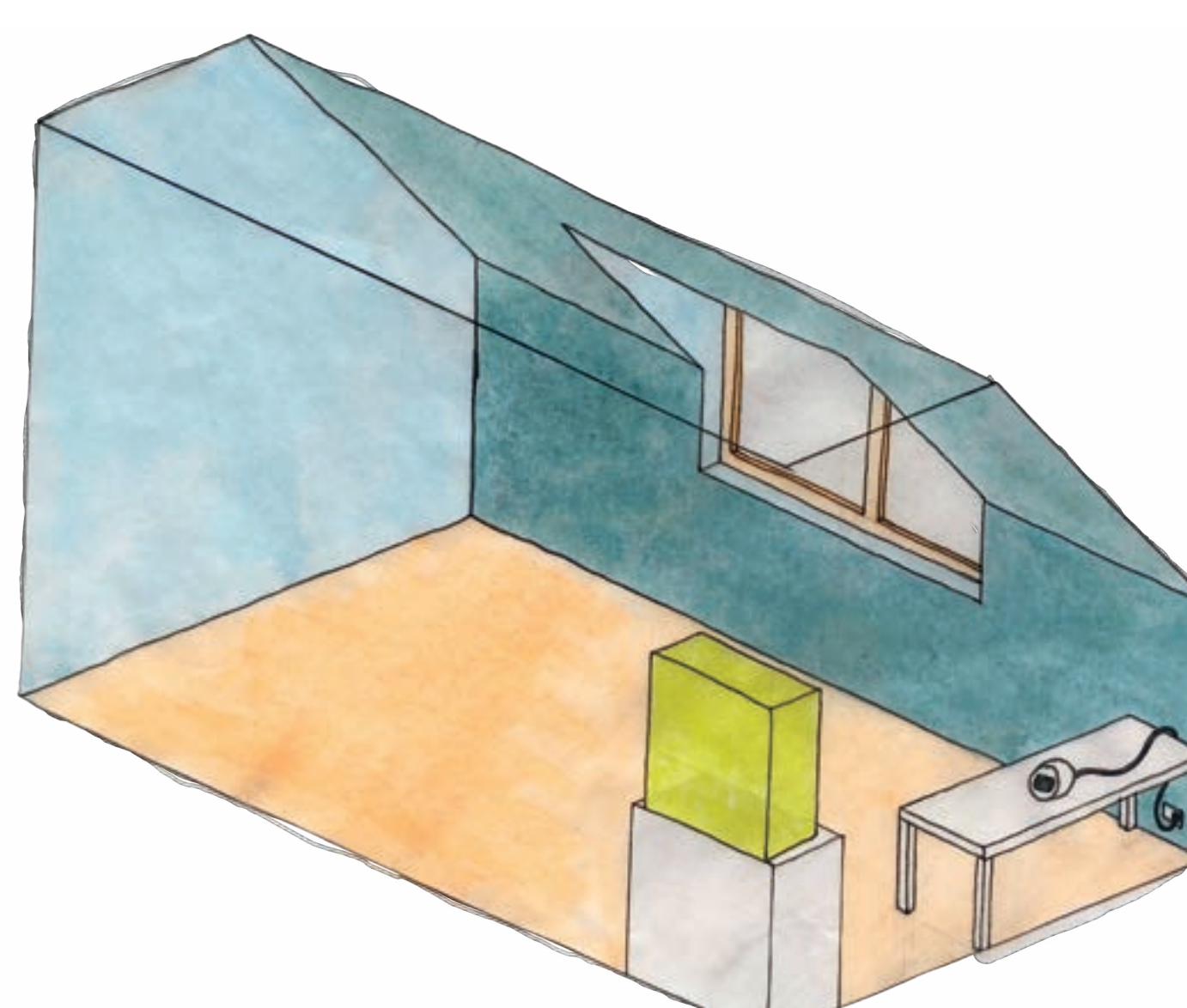
1 Week - March 1st 2023 until March 8th 2023



### Phase 2

#### Green Wall Monitoring

Monitoring the indoor air quality of the test location upon the installation of the Green Wall prototype. The purpose of this phase is to assess if the presence of a Green Wall prototype in the test location does or does not have any impact on the air quality.



#### Time Period;

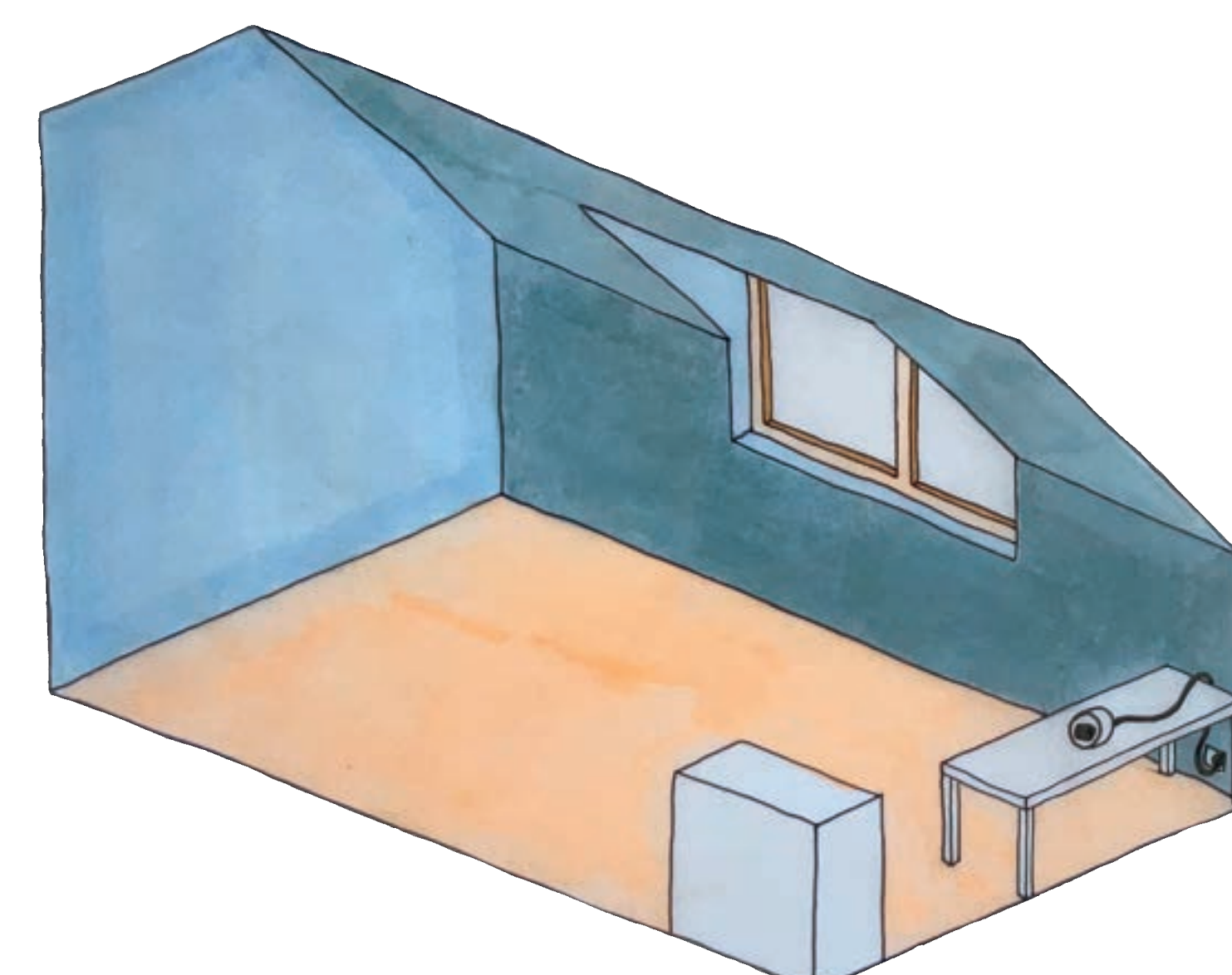
7 Weeks - March 8th 2023 until 26th April 2023



### Phase 3

#### Post Room Monitoring

Monitoring the indoor air quality of the test location upon the removal of the Green Wall prototype. The purpose of this phase is to determine if any changes (if any occurred) during Phase 2 were as a result of the Green Wall prototype and not unseen factors.



#### Time Period;

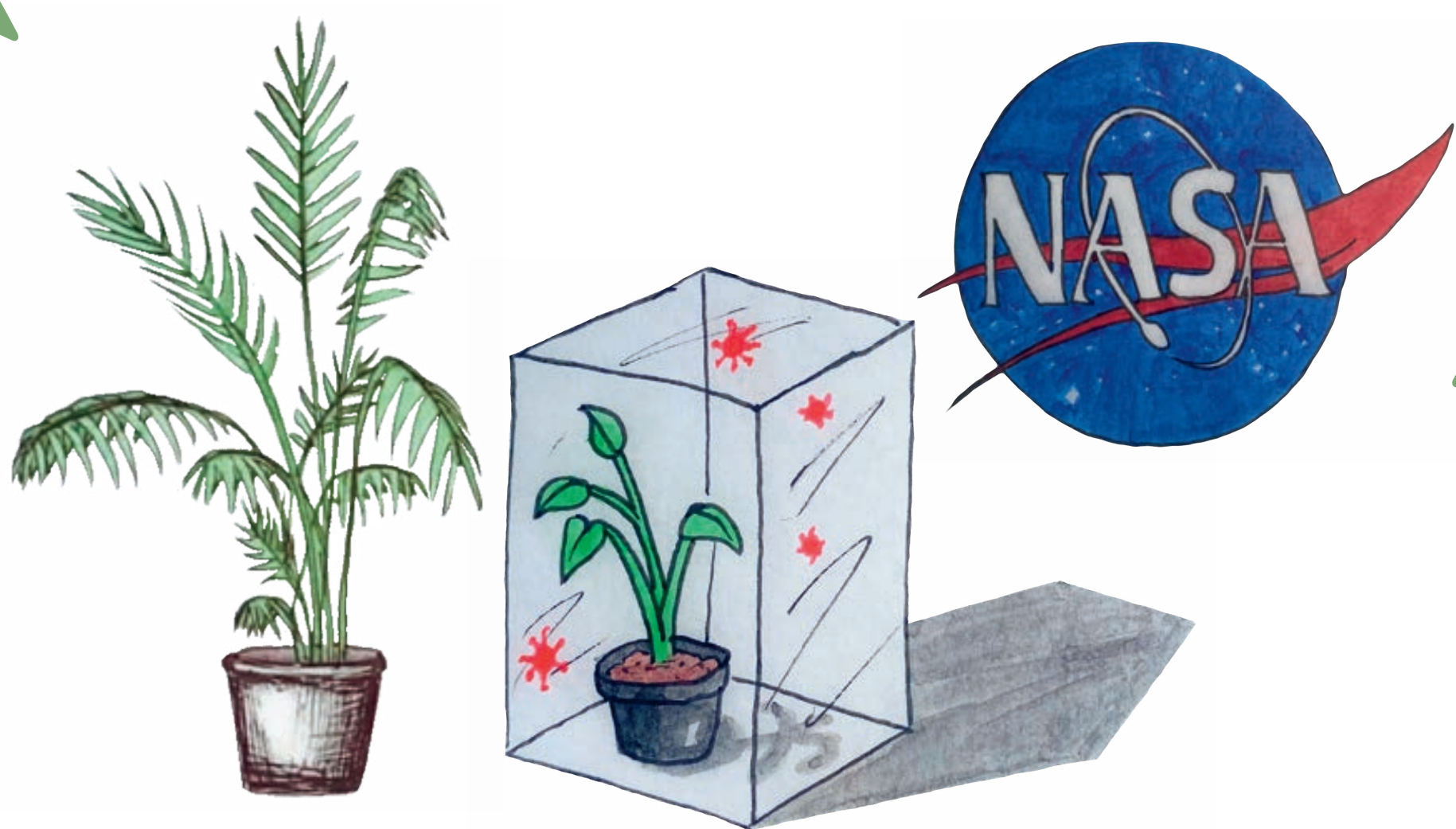
1 Week - April 26th 2023 May 3rd 2023



# o the effects of Green Walls on

## NASA

In 1989 NASA tested various species of indoor plants for their ability to aid in air purification. The plants were tested in sealed Plexiglas containers over a period of 24 hours to see if they could remove certain VOC's from within. The study was successful and the paper concluded that the presence of indoor planting can help alleviate Sick Building Syndrome.



## Sick Building Syndrome

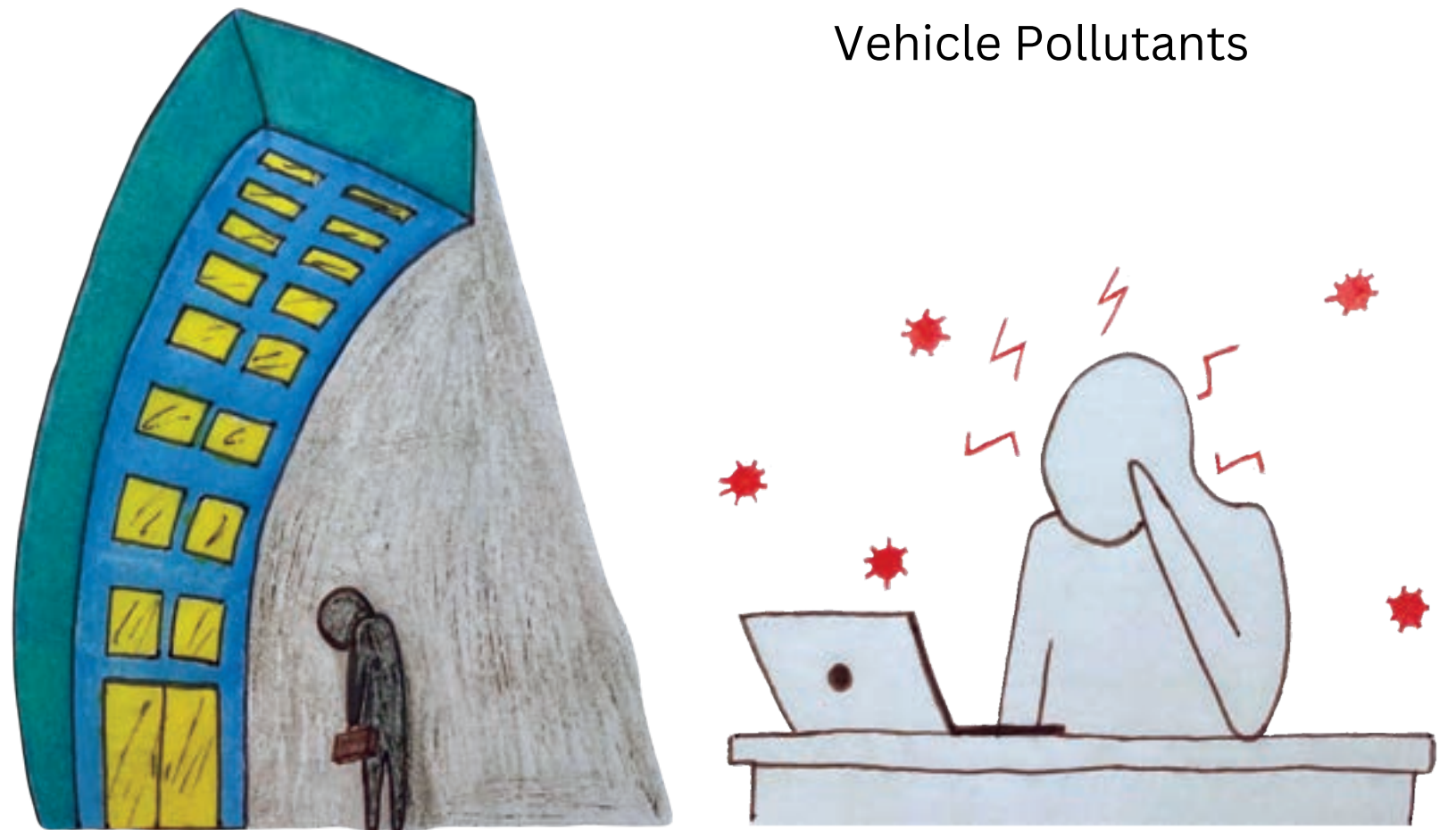
The NHS states that Sick Building Syndrome affects a person only when they are in a particular building. Symptoms worsen the longer a person is in the building, and usually lessen when they leave.

Common symptoms include;

- Headaches
- Coughing
- Dry Eyes
- Sore Throat
- Tiredness

Common causes include;

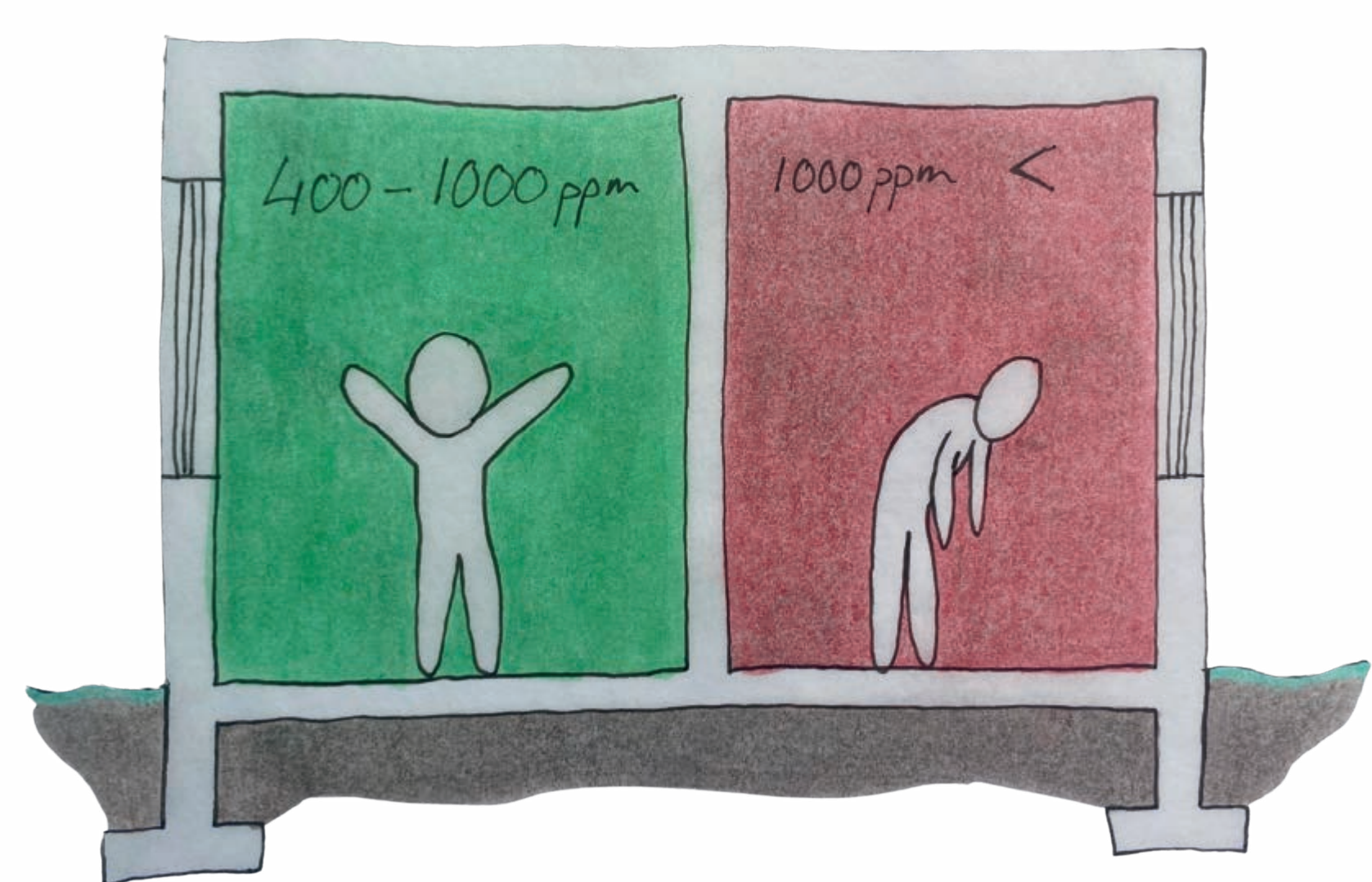
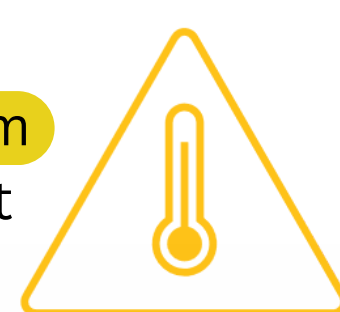
- Poor Ventilation
- Dust
- Airborne Particles / Fibres
- Fumes
- VOC's
- Outdoor Contaminants - Vehicle Pollutants



## Carbon Dioxide

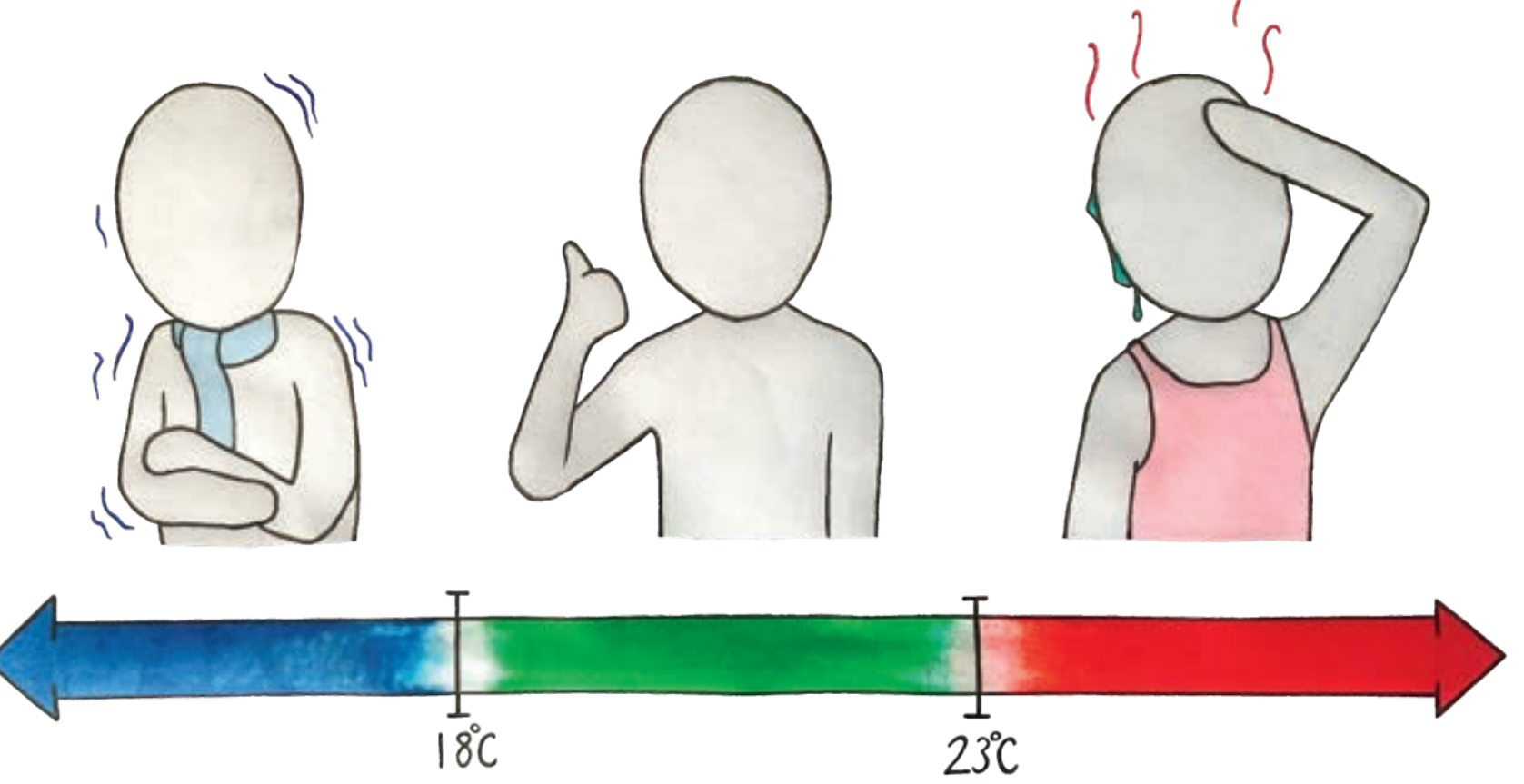
Outdoor CO2 levels can range from 400 to 450 parts per million. Levels of CO2 can rise significantly in indoor spaces, with slightly varying opinions on the appropriate levels.

In general, an indoor CO2 level exceeding **1,000ppm** is considered too high. ASHRAE consider levels that are 700ppm above the outdoor level to be too high



## Temperature

According to the HSE, an indoor room temperature should be around **20 Degrees Celsius**. A range in temperature of about **18 to 23°C** is considered a comfortable range.



Minimum temperatures by Health and Safety Authority;

- 17.5°C - Sedentary office work.
- 16°C - Other sedentary work (where the majority of work is performed in a seated position and involves minimal physical effort.)

## Relative Humidity

Relative Humidity (RH) is the measurement of water vapour in the air relative to it's temperature.

Ideal Range: **40 - 60%**

### Severe RH Implications

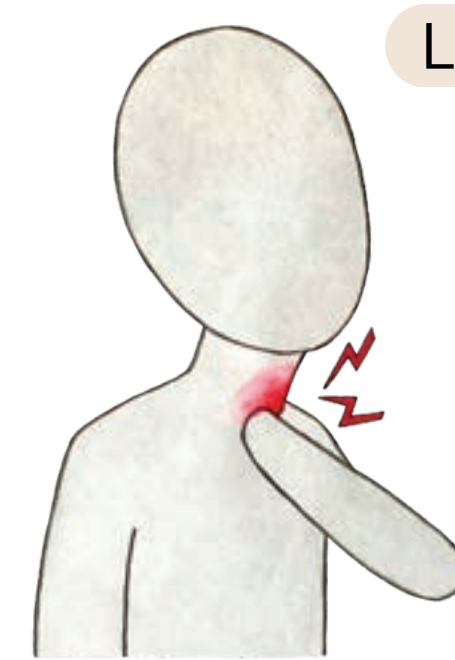
High Relative Humidity;

- Adverse health affects
- Increased rate of spread of allergens
- Increased presence of bacteria
- Concentration of VOC's.



Low Relative Humidity;

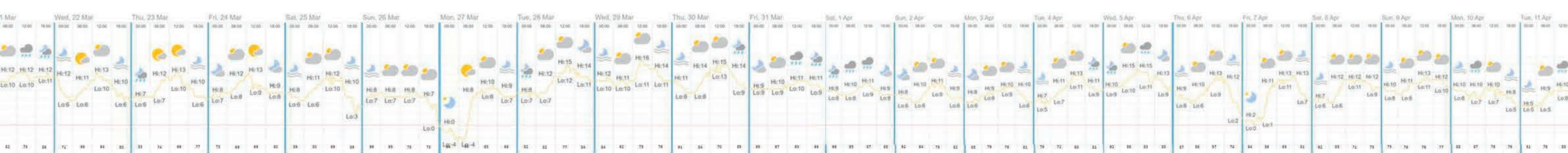
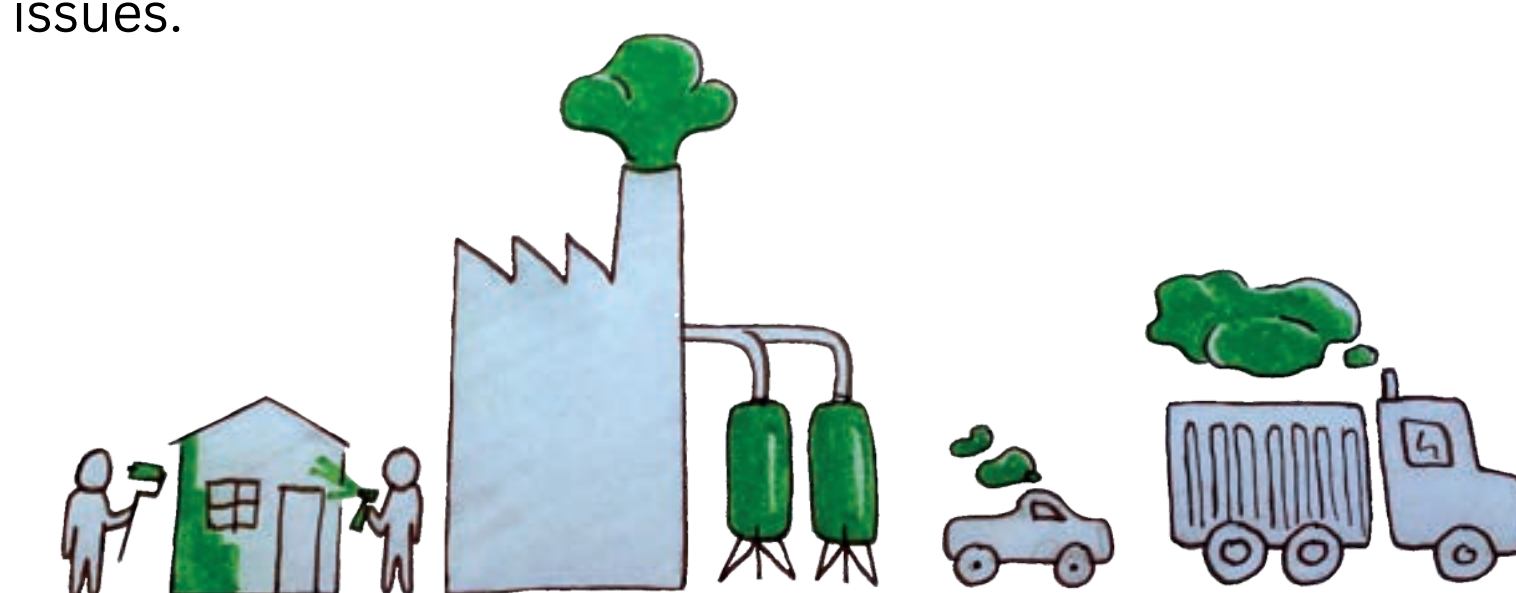
- Health implications - (Sore throat, dry skin / lips / eyes)
- Respiratory illnesses
- Spread of Virous'
- Deterioration of materials and finishes - (Wallpaper peeling / shrinkage & warpage of floorboards.)



## Volatile Organic Compounds - VOCs

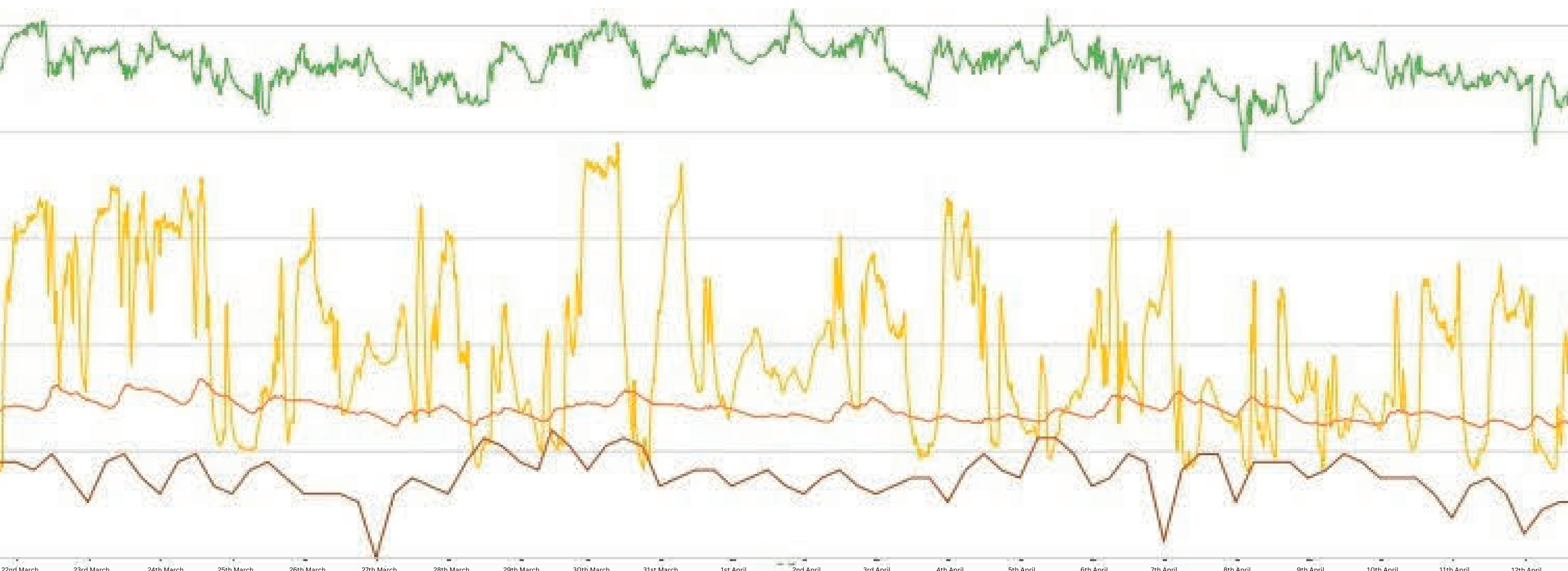
Volatile organic compounds, or VOCs are chemicals that are commonly emitted in gaseous forms from solids and liquids. VOCs are common in household items and materials, contributing to them being 10 times higher in indoor environments compared to outdoor.

VOCs are present in manmade products and materials, such as: particleboard, ceiling tile, carpet, glue, lacquer and varnish. They are connected to short and long term health issues.

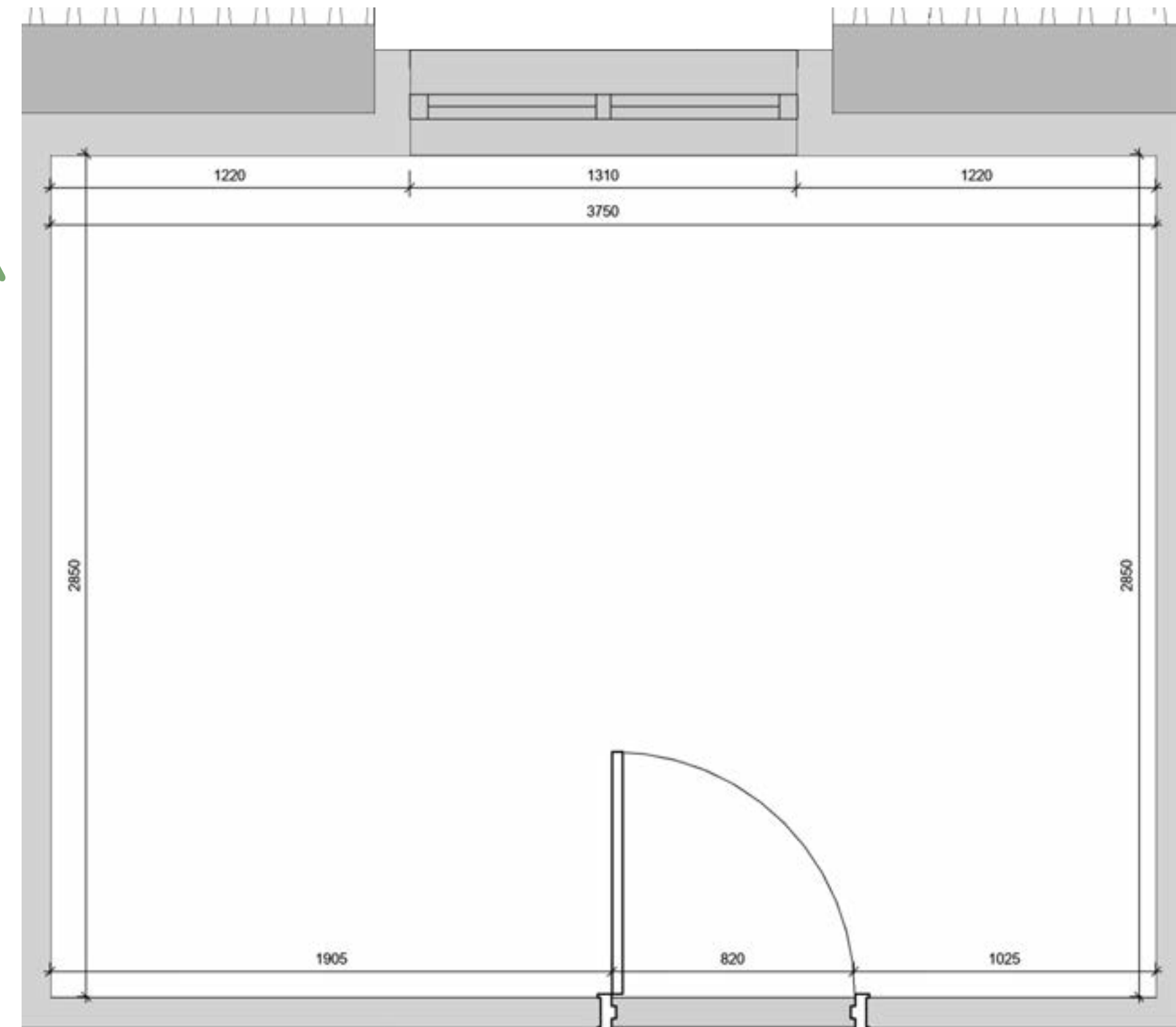
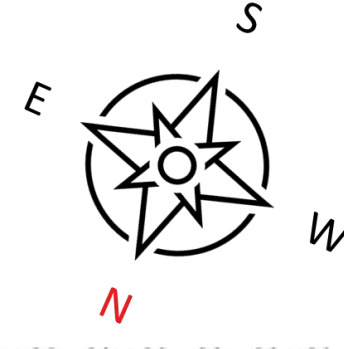


## Phase 2

CO2 (—), Temp (—), RH (—), External Temp (—)

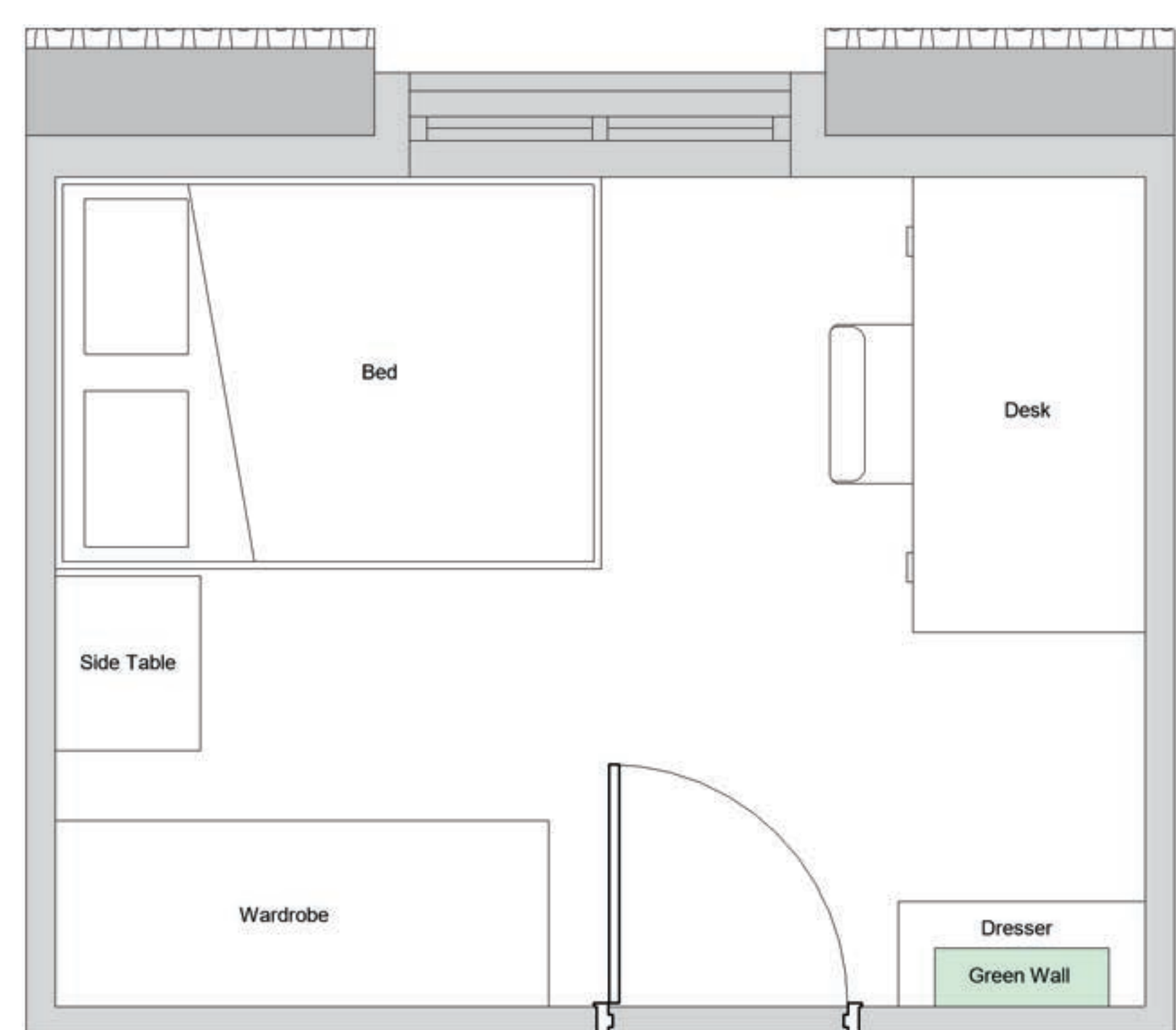


## Test Room

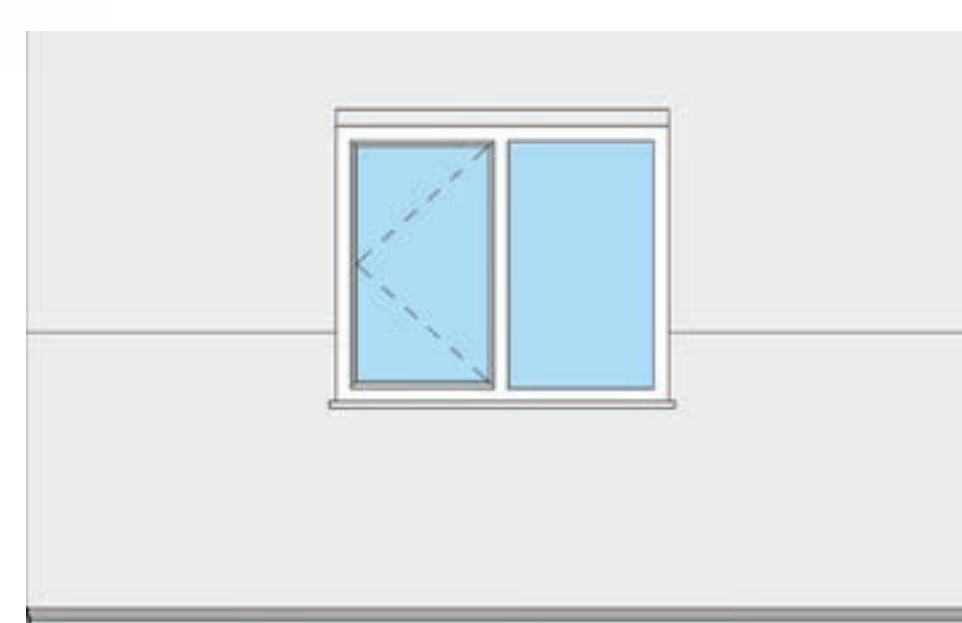


Floor Plan

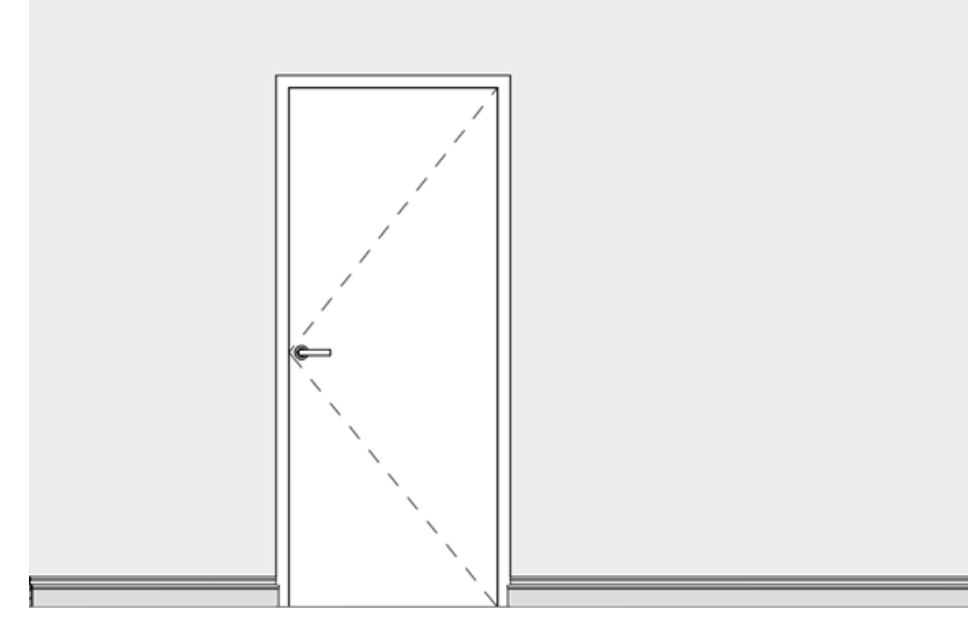
3.75 X 2.85m 11m2 / 115 SF 22.6m3



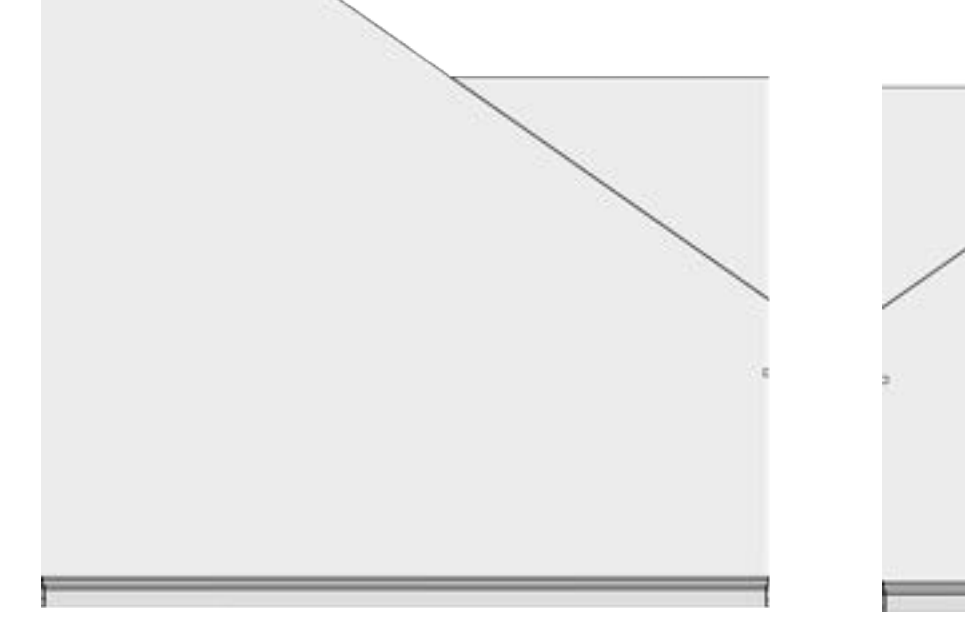
Furniture Plan



South Elevation



North Elevation



East Elevation



West Elevation

## Test Conditions

The Door and Window to the room were closed shut at all times, except when the door was used to move in and out of the room. The only source of ventilation is the 14cm X 10cm vent located in the ceiling.

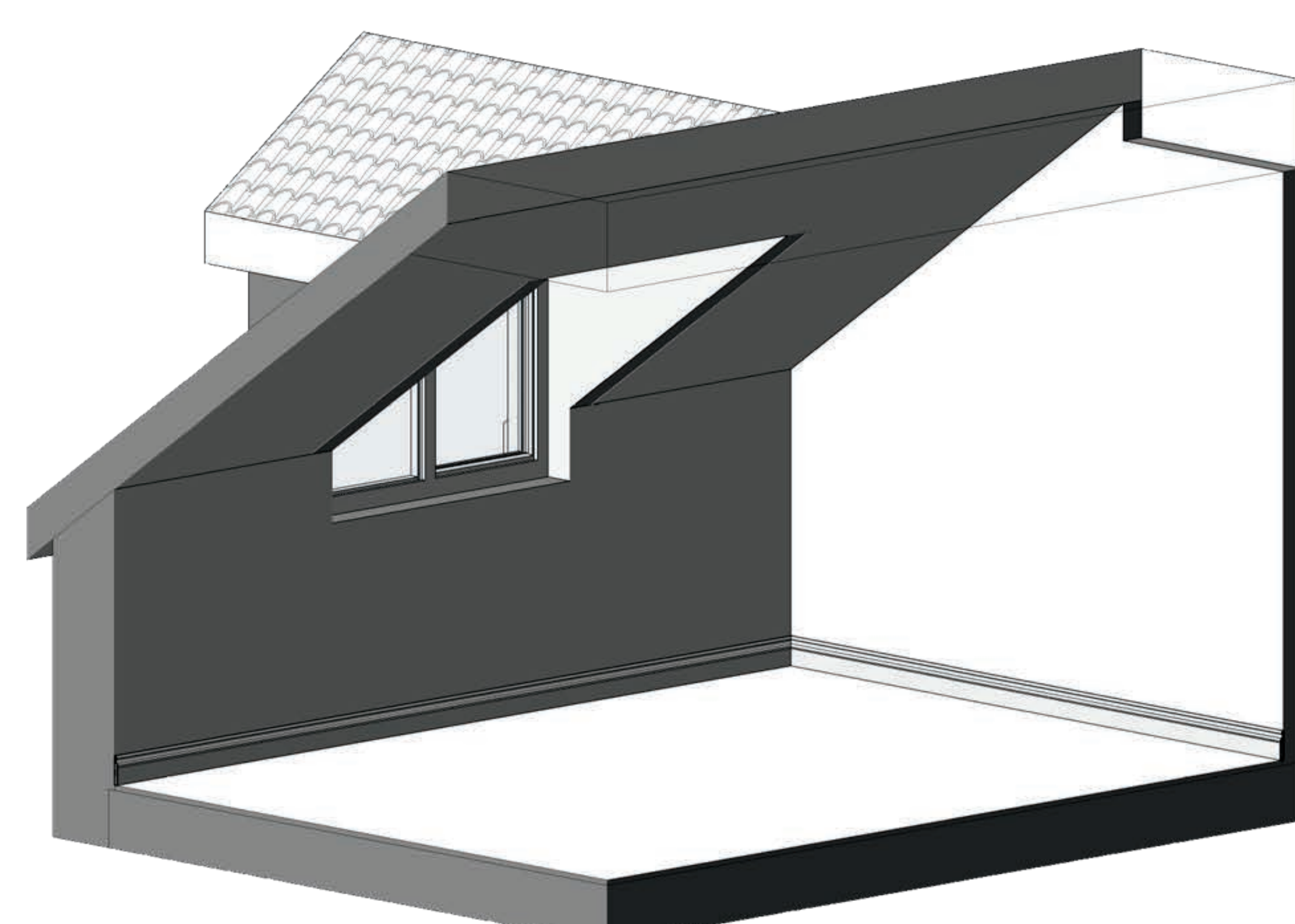
These conditions were kept across all 3 testing phases.



## Occupancy Routine

The test location functioned as a workspace during the day, with a rough schedule of 9-5 everyday. The room was then used for leisure and occupied for sleep every night.

These routines were kept across all 3 testing phases.



Test Room 3D

# Indoor Air Quality



## Panel System

- Panels hold plants and growing medium.
- Usually secured with vertical and/or horizontal supports to a primary wall.
- Reduce watering / maintenance
- Water Reservoirs / Irrigation Systems / Manual Watering



## Felt System

- Lightweight felt sheet
- Secured to rigid backing board
- Felt pockets contain the planting and soil
- As plants grow and mature, their root systems grow into the felt system.
- Manual Watering



## Trellis System

- Stainless Steel Wire
- Stainless Steel Wall Mounts
- Planting is located low to the ground / ground level
- Climbing plants "climb" steel wires to create the green wall

## PlantBox - Growing Revolution

System consists of plant troughs with water reservoirs. Troughs are vertically stackable and only requires secondary support to a fixed wall. Troughs are 600 X 200 X 150 mm. 4 plants per trough. Plants can be any size up to 12-13cm.

Each trough has a 1.8L water reservoir. The water is separated from the growing medium but it perforated by a capillary felt which allows for watering directly at the plants root level. A water level gauge in each trough reduces daily watering.

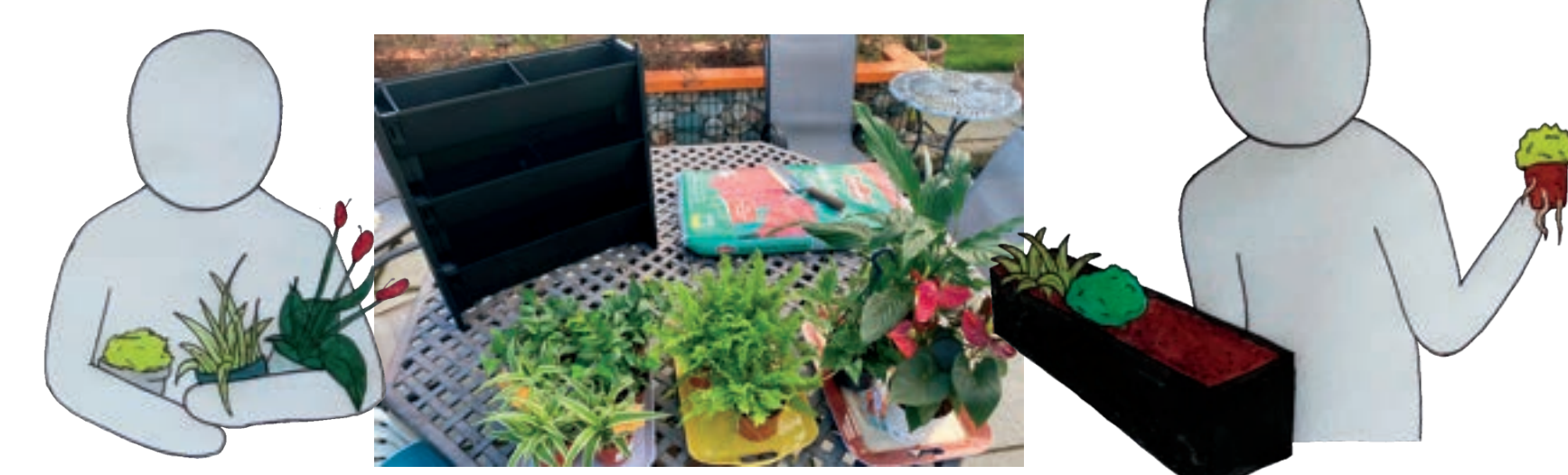
## PlantBox Assembly

PlantBox was sourced from OutStyle, Mount Usher Garden Centre, Co. Wicklow. Instructions are provided with the PlantBox, as well as an assembly guide on Youtube.



## Planting

Plants were sourced from Doyle's Nursery & Garden Centre, Co. Dublin, and Powerscourt Garden Pavilion, Co. Wicklow. Reduced Peat Compost was used to fill the troughs. A trowel was used to fill the troughs with compost and plants.



## Plant Selection

The following plants provide a variety of colour and texture in the Green Wall, and are all suitable to indoor environments. Plants were locally sourced and chosen based on the manufacturers recommendation and Nasa's 1989 study. Each plant targets a variety of VOC's, notably including the following;

- Formaldehyde
- Trichloroethylene
- Benzene
- Xylene & Toluene
- Ammonia



Spathiphyllum Wallisi



Hedera Helix



Nephrolepis Boston Blue Bell



Chlorophytum Comosum



Epipremnum Aurum



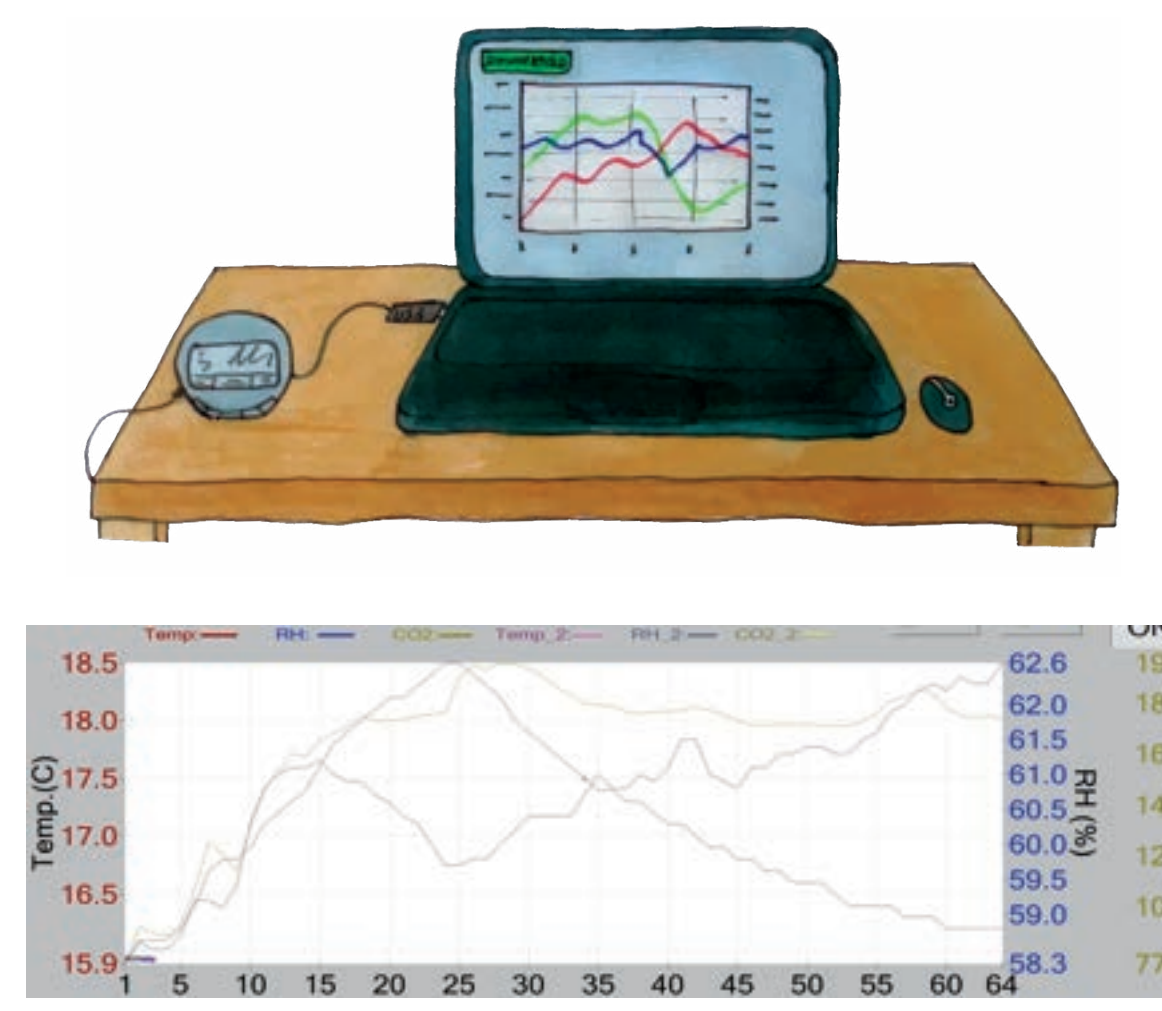
Anthurium

## Data Logger

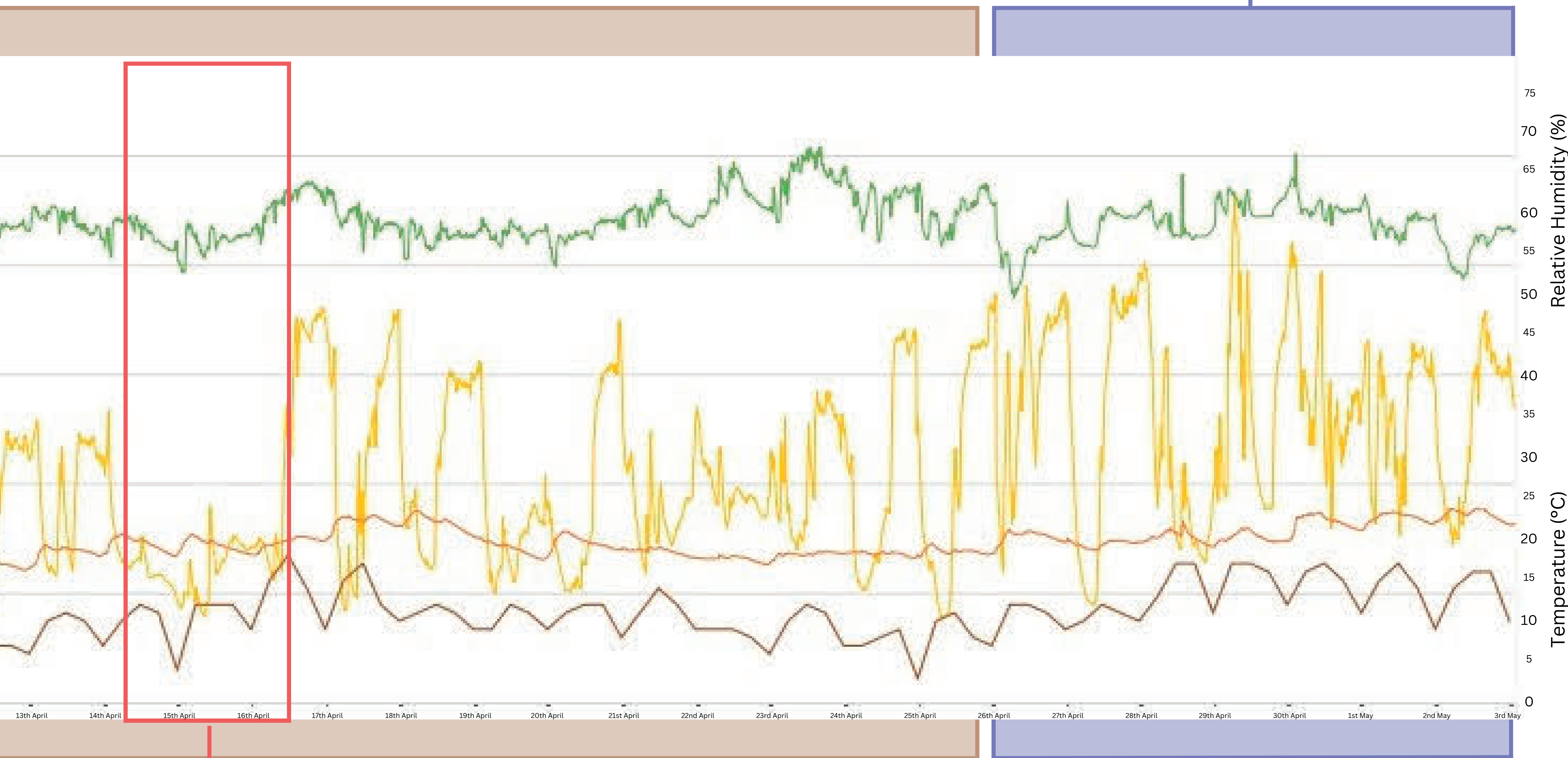
The Green Eye CO2 Data Logger monitors and records Carbon Dioxide, Temperature and Relative Humidity levels.

The logger features a computer software to record gathered data. The data is displayed as a graphical chart. Charts show all three elements corresponding and can also show elements individually. Data can also be recorded as a text file.

Recorded data is transferred from the data logger to a computer via the attached USB cable. Once attached the computer software can be launched, and data downloaded directly from there.



## Phase 3



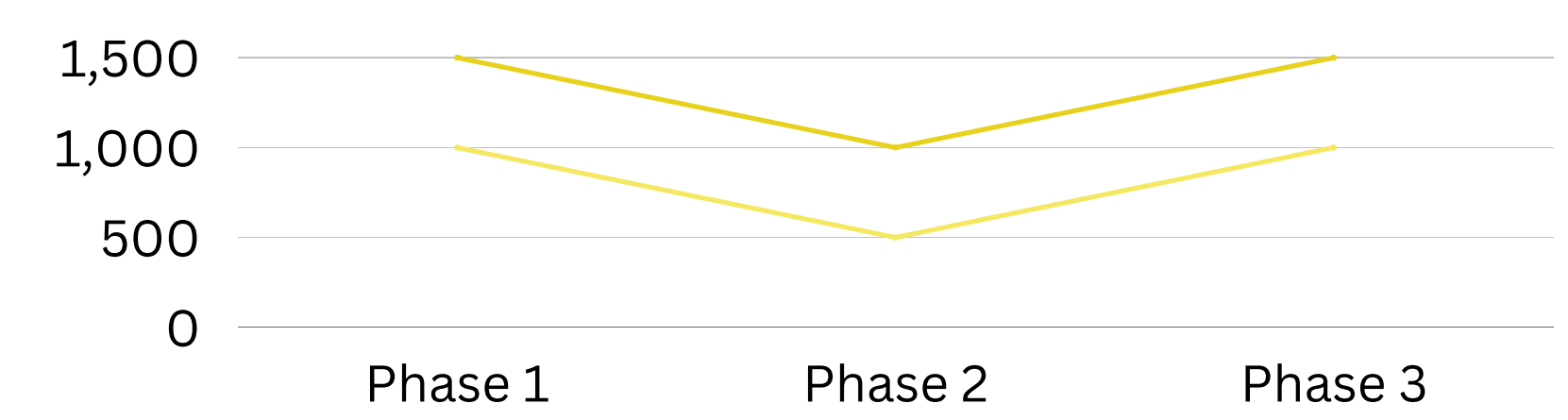
Decreased Occupancy

## Key Findings

### Carbon Dioxide

Carbon Dioxide Levels were significantly decreased with the presence of the Green Wall throughout Phase 2.

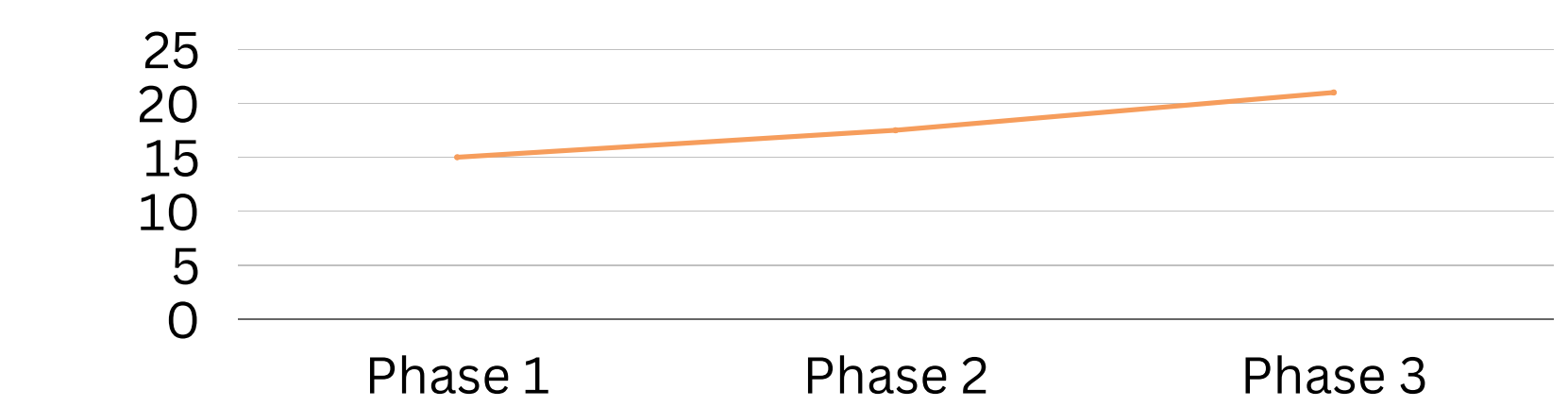
- Phase 1:** Peaks 1500-2000ppm / Consistently 1000-1500ppm.
- Phase 2:** Peaks 1000-1500ppm / Consistently 500-1000ppm.
- Phase 3:** Peaks 1500-2000ppm. Consistent 1000-1500ppm.



### Temperature

Temperature rose steadily across each Phase, although it was more consistent through Phase 2. The Green Wall may have helped to stabilise the temperature, although the rising external temperature throughout the seasons could have caused the overall increase.

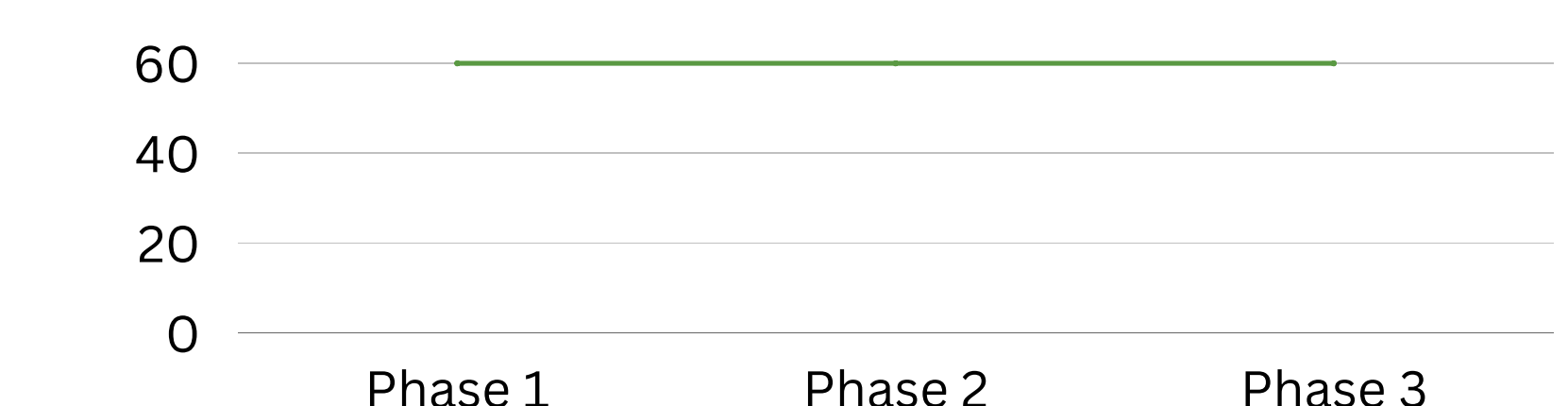
- Phase 1:** Between 14-16°C
- Phase 2:** Commonly 16-19°C
- Phase 3:** Between 19-23°C



### Relative Humidity

Relative Humidity was unaffected by the presence of the Green Wall. RH Levels fluctuated slightly within each Phase, but Average and Mode data shows the levels to be consistent across Phases 1, 2 and 3.

- Phase 1:** Consistently within 55-65%
- Phase 2:** Consistently within 55-65%
- Phase 3:** Consistently within 55-65%



## Average Values

	CO2 (ppm)	Temp (°C)	RH (%)
Phase 1	1400	16	60.9
Phase 2	1022	18.2	61.2
Phase 3	1322	21.1	58

The average values of each element (CO2, Temp and RH) across each individual phase of testing (Phase 1, 2 and 3)

## Mode Values

	CO2 (ppm)	Temp (°C)	RH (%)
Phase 1	1742	14.9	61.3
Phase 2	694	18.6	63
Phase 3	892	19.7	59.3

The mode values of each element (CO2, Temp and RH) across each individual phase of testing (Phase 1, 2 and 3). The mode value is the most common value present in the recorded data.

## Limitations

Due to time constraints, Phase 1 and 3 of testing are shorter in favour of gathering more data with the Green Wall present. If this study were to continue, it would be recommended that these Phases also be expanded upon in order to provide more accurate comparable data.

## Discussion

Levels of Carbon Dioxide were directly affected by the Green Wall, dramatically reducing the amount of CO2 present in the air. The Green Wall brought CO2 levels down to the recommended levels for indoor air quality (Below 1000ppm) during Phase 2.

The Temperature was largely unaffected. A consistent rise was noted through each phase, although it could be deduced that the Green Wall stabilised the indoor temperature as there is a noticeable abrupt increase at the beginning of Phase 3, when the Green Wall was removed from the test location.

Relative Humidity was unaffected. RH values remained consistent throughout each phase of testing.

## Conclusion

In conclusion, the introduction of a Green Wall did have an affect on Indoor Air Quality by altering the recorded elements. Carbon Dioxide levels significantly decreased, Temperature became more stable and consistent, while Relative Humidity was unaffected.

Indoor planting, in the form of Green Walls, directly impacts the quality of indoor air, although further study could be carried out to expand upon this.

## Future Research

Future research into the effects of Green Walls on indoor air quality could build on this study. The plants chosen for this study were proven to directly impact concentrations of Volatile Organic Compounds. This work could be enhanced by monitoring the levels of VOC's in a similarly "active" environment, in which a person or persons are present in the test space and performing daily functions such as work and rest.

Alternatively, a similar study could be conducted, forming a Case Study in which the Green Walls effects on Indoor Air Quality are monitored in a workplace. revolving around the daily functions of an office space or similar. This would be of value as it would assess the impacts of a Green Wall in an a highly stressful and busy environment.

# An Investigation into the effects of Green Walls on Indoor Air Quality

## Aims

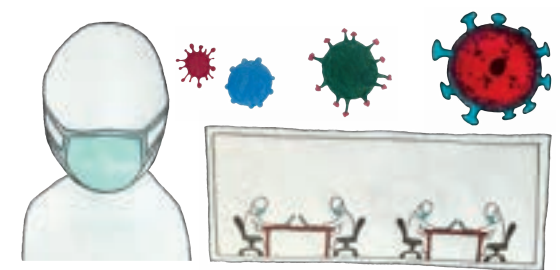
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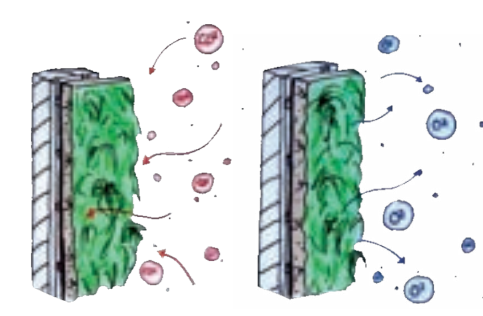


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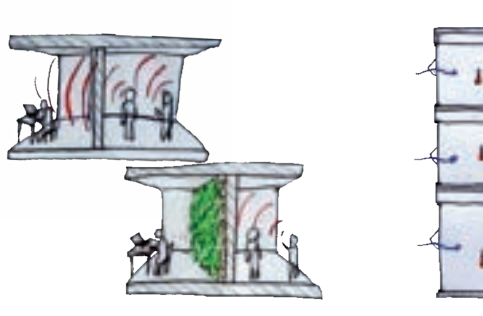
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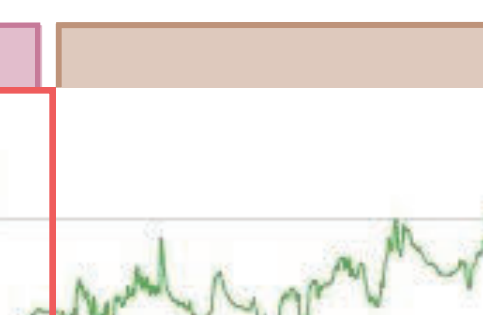
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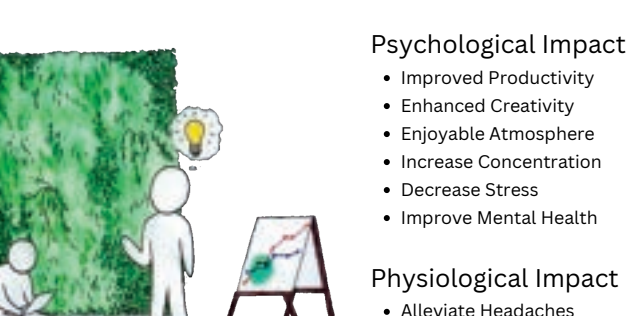


## Temperature Stabilisation



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## Psychological Impact

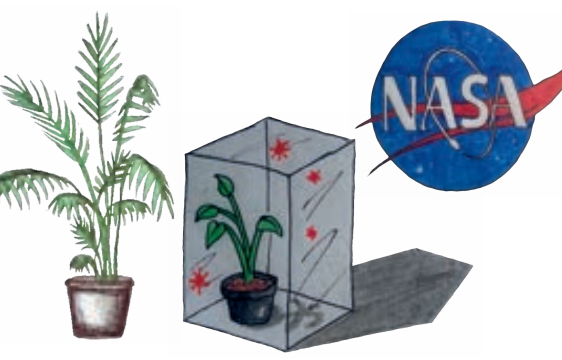
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## Sick Building Syndrome

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## Common symptoms include:

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## Common causes include:

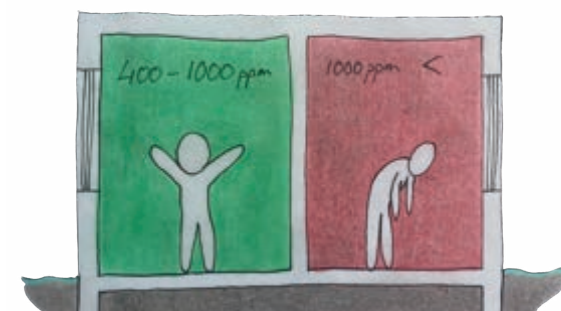
- Poor Ventilation
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- VOC's
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## Carbon Dioxide

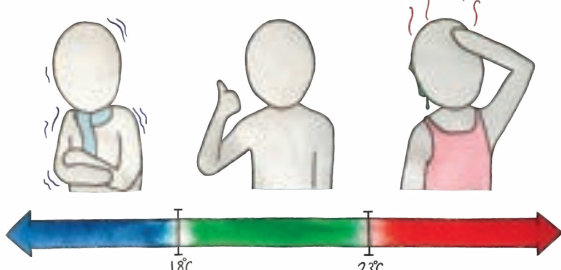
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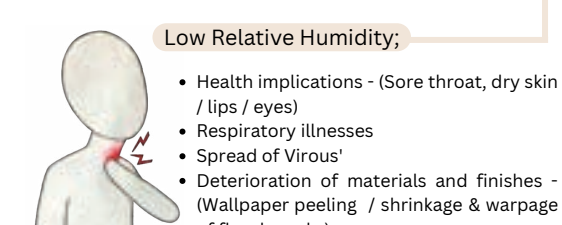
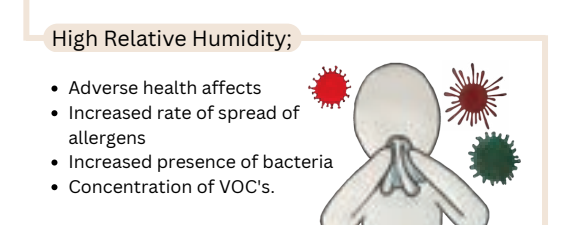
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Ideal Range: 40 - 60%

## Severe RH Implications



**Volatile Organic Compounds - VOCs**  
Volatile organic compounds, or VOCs are chemicals that are commonly emitted in gaseous forms from solids and liquids. VOCs are common in household items and materials, contributing to them being 10 times higher in indoor environments compared to outdoor.

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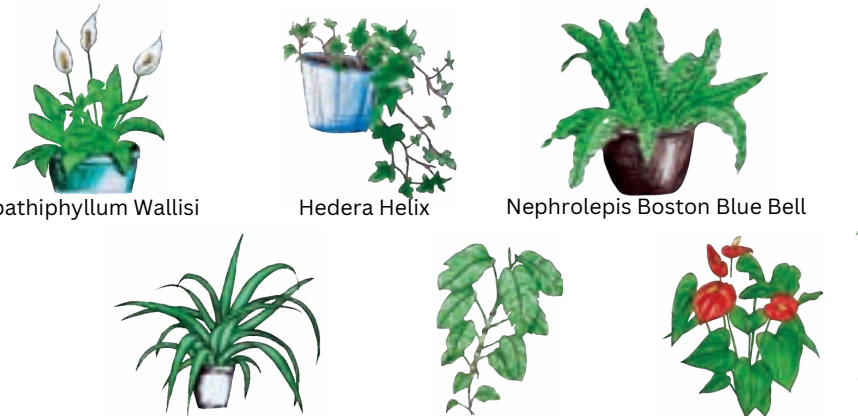
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- Trichloroethylene
- Benzene
- Xylene & Toluene
- Ammonia



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The Green Eye CO2 Data Logger monitors and records Carbon Dioxide, Temperature and Relative Humidity levels.

The logger features a computer software to record gathered data. The data is displayed as a graphical chart. Charts show all three elements corresponding and can also show elements individually. Data can also be recorded as a text file.

Recorded data is transferred from the data logger to a computer via the attached USB cable. Once attached the computer software can be launched, and data downloaded directly from there.

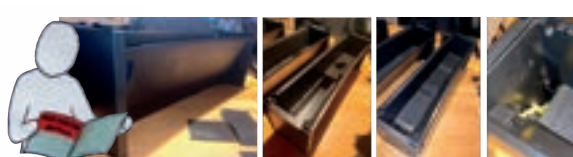
## PlantBox - Growing Revolution

System consists of plant troughs with water reservoirs. Troughs are vertically stackable and only require secondary support to a fixed wall. Troughs are 600 X 200 X 150 mm. 4 plants per trough. Plants can be any size up to 12-15cm.

Each trough has a 1.8L water reservoir. The water is separated from the growing medium but it perforated by a capillary felt which allows for watering directly at the plants root level. A water level gauge in each trough reduces daily watering.

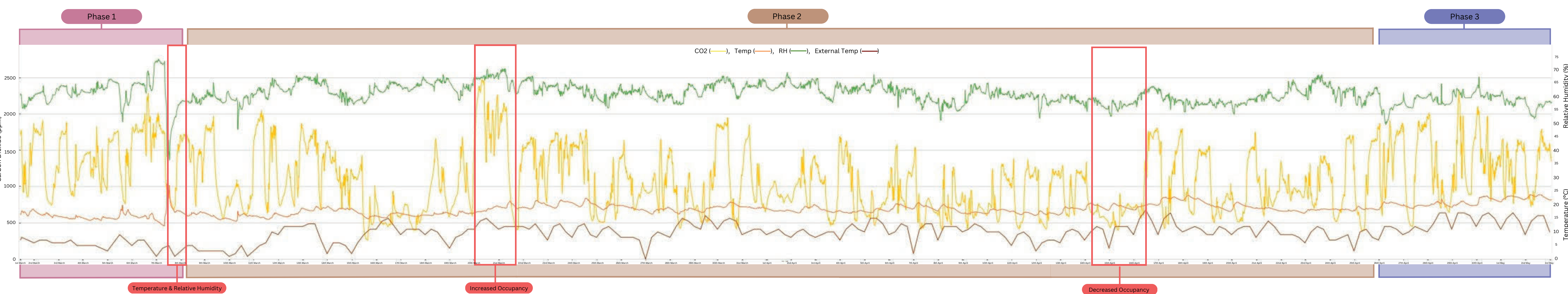
## PlantBox Assembly

PlantBox was sourced from OutStyle, Mount Usher Garden Centre, Co. Wicklow. Instructions are provided with the PlantBox, as well as an assembly guide on Youtube.



## Planting

Plants were sourced from Doyle's Nursery & Garden Centre, Co. Dublin, and Powerscourt Garden Pavilion, Co. Wicklow. Reduced Peat Compost was used to fill the troughs. A trowel was used to fill the troughs with compost and plants.



## Testing Phases

Monitoring the following elements to determine the quality of indoor air: Carbon Dioxide (CO2), Temperature (°C) and Relative Humidity (%).

### Phase 1

**Pre Room Monitoring**  
Monitoring the indoor air quality of the test location prior to the installation of the Green Wall prototype. The purpose of this phase is to gain an understanding of the existing air quality in order to create a comparator when the Green Wall prototype is introduced to the location.

**Time Period;**  
1 Week - March 1st 2023 until March 8th 2023

### Phase 2

**Green Wall Monitoring**  
Monitoring the indoor air quality of the test location upon the installation of the Green Wall prototype. The purpose of this phase is to determine if any changes (if any occurred) during the test location does or does not have any impact on the air quality.

**Time Period;**  
7 Weeks - March 8th 2023 until 26th April 2023

### Phase 3

**Post Room Monitoring**  
Monitoring the indoor air quality of the test location upon the removal of the Green Wall prototype. The purpose of this phase is to determine if any changes (if any occurred) during Phase 2 were as a result of the Green Wall prototype and not unseen factors.

**Time Period;**  
1 Week - April 26th 2023 May 3rd 2023

### Test Room

**Floor Plan:** 3.75 X 2.85m, 11m<sup>2</sup> / 115 SF, 22.6m<sup>3</sup>

**Furniture Plan:** Shows the placement of the desk, chair, and green wall.

### Test Conditions

The Door and Window to the room were closed shut at all times, except when the door was used to move in and out of the room. The only source of ventilation is the 14cm X 10cm vent located in the ceiling. These conditions were kept across all 3 testing phases.

### Occupancy Routine

The test location functioned as a workspace during the day, with a rough schedule of 9-5 everyday. The room was then used for leisure and occupied for sleep every night. These routines were kept across all 3 testing phases.

### Key Findings

#### Carbon Dioxide

Carbon Dioxide Levels were significantly decreased with the presence of the Green Wall throughout Phase 2.

**Phase 1:** Peaks 1500-2000ppm / Consistently 1000-1500ppm.  
**Phase 2:** Peaks 1000-1500ppm / Consistently 500-1000ppm.  
**Phase 3:** Peaks 1500-2000ppm. Consistent 1000-1500ppm.

#### Temperature

Temperature rose steadily across each Phase, although it was more consistent through Phase 2. The Green Wall may have helped to stabilise the temperature, although the rising external temperature throughout the seasons could have caused the overall increase.

**Phase 1:** Between 14-16°C  
**Phase 2:** Commonly 16-19°C  
**Phase 3:** Between 19-23°C

#### Relative Humidity

Relative Humidity was unaffected by the presence of the Green Wall. RH Levels fluctuated slightly within each Phase, but Average and Mode data shows the levels to be consistent across Phases 1, 2 and 3.

**Phase 1:** Consistently within 55-65%  
**Phase 2:** Consistently within 55-65%  
**Phase 3:** Consistently within 55-65%

### Average Values

	CO2 (ppm)	Temp (°C)	RH (%)
Phase 1	1400	16	60.9
Phase 2	1022	18.2	61.2
Phase 3	1322	21.1	58

The average values of each element (CO2, Temp and RH) across each individual phase of testing (Phase 1, 2 and 3)

### Mode Values

	CO2 (ppm)	Temp (°C)	RH (%)
Phase 1	1742	14.9	61.3
Phase 2	694	18.6	63
Phase 3	892	19.7	59.3

The mode values of each element (CO2, Temp and RH) across each individual phase of testing (Phase 1, 2 and 3). The mode value is the most common value present in the recorded data.

### Limitations

Due to time constraints, Phase 1 and 3 of testing are shorter in favour of gathering more data with the Green Wall present. If this study were to continue, it would be recommended that these Phases also be expanded upon in order to provide more accurate comparable data.

### Discussion

Levels of Carbon Dioxide were directly affected by the Green Wall, dramatically reducing the amount of CO2 present in the air. The Green Wall brought CO2 levels down to the recommended levels for indoor air quality (Below 1000ppm) during Phase 2.

The Temperature was largely unaffected. A consistent rise was noted through each phase, although it could be deduced that the Green Wall stabilised the indoor temperature as there is a noticeably abrupt increase at the beginning of Phase 3, when the Green Wall was removed from the test location.

Relative Humidity was unaffected. RH values remained consistent throughout each phase of testing.

### Conclusion

In conclusion, the introduction of a Green Wall did have an affect on Indoor Air Quality by altering the recorded elements. Carbon Dioxide levels significantly decreased, Temperature became more stable and consistent, while Relative Humidity was unaffected.

### Future Research

Future research into the effects of Green Walls on indoor air quality could build on this study. The plants chosen for this study were proven to directly impact concentrations of Volatile Organic Compounds. This work could be enhanced by monitoring the levels of VOC's in a similarly "active" environment, in which a person or persons are present in the test space and performing daily functions such as work and rest.

Alternatively, a similar study could be conducted, forming a Case Study in which the Green Walls effects on Indoor Air Quality are monitored in a workplace, revolving around the daily functions of an office space or similar. This would be of use as it would assess the impacts of a Green Wall in a highly stressful and busy environment.